



Healthscope

the Pulse

Private Health Magazine Edition #1 2015

*Northern Beaches
Special Edition*

In this
Issue

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SYDNEY BREAST CLINIC LEADING WOMEN'S HEALTHCARE

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In this issue of *thePulse*



Mount Hospital opens
two new theatres



The da Vinci Surgical
Assisted Robot with
Single-Site Capabilities



Gold Coast Private
Hospital reaches
major milestone

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Healthscope Hospitals achieve outstanding accreditation results

The new National Safety and Quality Health Service Standards were introduced by the Australian Commission on Safety & Quality in Healthcare in January 2013.

In the two years since the introduction of the standards, 41 Healthscope hospitals have been assessed by external auditors.

The Commission recently published the Australian national results of the first two years of the new accreditation scheme. Healthscope's results have been outstanding, when compared to other Australian hospitals.

Percentage of hospitals passing accreditation with no actions to follow-up - no NM (not met) for core criteria:

- Healthscope: 88%
- Other Australian hospitals: 17%

Percentage criteria achieving Met with Merit (core criteria):

- Healthscope: 8%
- Other Australian hospitals: 2%

For more information, refer to: Australian Commission on Safety and Quality in Health Care. Vital Signs 2014: The State of Safety and Quality in Australian Health Care. Sydney: ACSQHC, 2014.

<http://www.safetyandquality.gov.au/wp-content/uploads/2014/10/Vital-Signs-2014-web.pdf>

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Message from MD

Recently there have been a number of stories in The Pulse that outline the growth and expansion of both our brown - and greenfield projects, a vital necessity for a health organisation to ensure the continued provision of healthcare services to the community.

Part of our broader organisation expansion plans, aside from commercial developments, is the advancement in health practices that provide our patients with the latest, quality healthcare.

In this edition we are introduced to Knox Private Hospital's Robotic Assisted Surgery program that provides the option of robotic single site surgery in a number of specialities including urological, gynaecological and general surgery.

Lady Davidson Private Hospital has introduced a new Cancer Rehabilitation Program that focuses on optimising the benefit of a patient's time in hospital

whilst minimising the required length of stay, which has received great feedback from patients.

The Sydney Breast Clinic recently won the tender to provide Breast Screen Services for the Northern Territory Government. Over a two year period, the team will conduct up to 25 assessment clinics that will provide breast screen services to residents of the Northern Territory, including those living in remote areas where screening services are not provided by local practitioners.

Over recent years all Healthscope hospitals have appointed one or more Consumer Consultants whose roles are to provide valuable feedback and suggestions on how the hospitals can improve their services and care provisions from a patient's perspective.

I recently attended a focus group for our Consumer Consultants and was pleased to see the shared vision for the strategic direction



Robert Cooke

of our hospitals with a solid focus on quality, patient centred care.

In this edition we also have a special feature on our new Northern Beaches Hospital that will give you a comprehensive look at the state of the art 488-bed hospital.

Why women need to boost their super

Women haven't always enjoyed the same super rights as men. In fact, until the 1970s, some women were even excluded from super when they got married.

While super rights for women have thankfully improved, many continue to miss out on valuable super benefits.

On average, women are still paid less than their male counterparts. Plus, the amount of super women generate during their working lives is often impacted by career breaks to care for family and a greater tendency to work part time.

Coupled with the late introduction of compulsory super in 1992, these factors have left many working women at a disadvantage when it comes to their super savings.

That's why it's so important for women to take a proactive approach to managing their super.

By keeping track of your account balance, choosing investment options that meet your needs, and contributing a little extra, you can keep your super on track for the retirement you want.

At HESTA, we're here to help our members every step of the way.

In fact, most of our 785,000 members are women, so our Superannuation Advisers, Member Education Managers and Financial Planners understand the challenges women face in building their super.

Take your first steps to a better tomorrow today — to start changing your future.

Visit hesta.com.au/boostmysuper for ideas on how you can boost your super or call **1800 813 327** to speak to a HESTA adviser.

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Mount Hospital opens two new theatres

In early 2013, Mount Hospital announced approval of the proposal for the development which allowed a major expansion and refurbishment works program to the hospital's operating theatres.

The first phase of this project was completed in mid-December 2014 with the opening of two new

operating theatres and a Central Sterilisation Services Department.

The redevelopment and refurbishment project aims to provide a continuation of current resources and an expansion for the capacity of surgical services, increasing number of operating theatres to eleven. The new state of the

art theatres include integrated digital Stryker equipment with HD camera systems.

Anticipating the extra capacity, a further investment was made to expand the perioperative support services, with the construction of a new high-tech Central Sterilisation Services Department, which now extends over a whole floor of the new northern expansion development and includes increased automation to improve workflows. Additionally, there will be three new elevators linking the CSSD and theatres.

“We are proud to be able to provide our doctors, patients and staff with these new facilities” said Jade Phelan, General Manager.

“The additional facilities will help us to meet the increasing needs of the Western Australian community fuelled by our rapidly increasing population and the ageing population,” said Jade.

The next phase of redevelopment commenced in January 2015 encompassing a total refurbishment of all existing operating theatres, expansion of the PARU area to accommodate a rise in patient numbers and general improvement in facilities.

Also under construction will be a relocation and expansion of the Pre-operative Room with patient facilities, creating storage rooms to remove equipment from corridors, constructing additional storage to house sterile instrumentation, prosthetics and loan equipment and multiple dedicated sterile consumable stock rooms. To ensure we improve comfort and enhance the experience for our doctors and staff, a new dining area will be also be constructed.



One of Mount Hospital's new theatres

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The da Vinci Surgical Assisted Robot with Single-Site Capabilities

Knox Private Hospital (KPH) is excited to announce the safe arrival of its Robotic Assisted Surgery Program.

The hospital offers Robotic Assisted Surgery in a number of specialties including Urological Surgery, Gynaecological Surgery and General Surgery.

“We are committed to our mission of putting our patients first and strive to continue providing them with minimally invasive surgical options. We are truly thrilled to be a leader in this field. As the only hospital offering the option of single-site surgery for patients in Victoria, we are demonstrating our ongoing commitment to providing patients with up-to-date surgical options” stated Justin Greenwell, Deputy General Manager, Knox Private Hospital.

The KPH Surgical Assisted Robotic Program offers:

Single Site capability – the first in Victoria.

Trans Umbilical entry enables a virtually scar-less surgery

Instruments and camera cross within the Single-Site port and use Remote Center Technology to avoid Cannula Collisions, Arm Interferences and Port-Site Movement

Firefly Fluorescence Imaging; this allows the surgeon to have the following Imaging whilst performing surgery:

Real-Time Endoscopic Visual and Near-Infrared Fluorescence Imaging

Vessel Identification & Solid Organ Perfusion (Liver, Kidney)

Soft Tissue Perfusion

Permanent onsite Virtual Simulator. The Simulator is able to create training exercises to safely train surgeons in a realistic but controlled environment.

The first Robotic Assisted Surgical Case occurred in mid-November 2014, with Urologist Mr Damien Bolton leading the team.

Mr Bolton said that;

“Robotic Urology Surgery is becoming established as the preferred option for most patients.”

He believes that Robotic Surgery at KPH provides local access to the highest quality of surgical techniques and surgical equipment.

Studies of da Vinci Robotic Assisted Surgery have shown the following benefits in comparison to open surgery:

- Reduced Blood Loss
- Reduced pain
- Faster recovery
- Improved surgical outcomes
- A shorter hospital stay
- Fewer complications
- Smaller incisions associated with minimal scarring.

Mr Bolton went on to say;

“The Knox Robot is beautiful to use. The Robot is able to give precision of movement that every surgeon would want. The optics provides magnification of your vision in ways beyond what you can achieve in open surgery”.

Mr Bolton believes that:

“The training of the Knox Robotic staff has been thoughtful and

intelligent and they were able to demonstrate their capabilities from the first case.”

During a Robotic Assisted procedure, the surgeon is 100% in control of the system, which translates the surgeons hand movements into smaller, more precise movements of the surgical instruments. The Endo Wrist Instruments are designed to provide surgeons with natural dexterity and a range of motions greater than the human hand.

The Intuitive Motion maintains a corresponding eye-hand-instrument tip alignment, allow for intuitive instrument control. The surgeon’s hand movements are scaled, filtered and seamlessly translated to the robotic arms and instruments at the patient’s side. The da Vinci System also features a magnified 3D high-definition vision system that enables

the surgeon to operate with enhanced vision and precision.

KPH has now successfully undertaken 11 surgical assisted robotic procedures over a two month period. These procedures have occurred in the specialties of Urology and Gynaecology.



Example of da Vinci Single-Site Robotic Surgery Device

Gold Coast Private Hospital reaches major milestone

The new Gold Coast Private Hospital reached a major milestone when construction hit the top level late last year.

Gold Coast Mayor Tom Tate signed the last concrete slab of the \$230 million Healthscope operated hospital before it was hoisted into place as the building 'topped out' on the fourth and final level.

Since construction began in October 2012, the site has had two large cranes and more than 150 workers keeping the building on schedule for completion in late 2015.

The Gold Coast Private, which will become the new facility for Allamanda Private Hospital, is co-located with the new Gold Coast University Hospital at Parklands, Southport, and forms part of the Gold Coast Health and Knowledge Precinct.

Mayor Tom Tate said he was delighted to be part of the construction milestone celebrations and that he looked forward to the hospital opening for the people of the Gold Coast and surrounding areas.

"The Health and Knowledge Precinct is a transformative project for the Gold Coast which will deliver better patient outcomes and help to diversify our local economy," said Cr Tate.

"I am delighted to see private enterprise share our vision for the area with a substantial new investment in facilities, expertise and training.

"Healthscope has shown an enormous vote of confidence in the Gold Coast and I am pleased to have the opportunity to leave a small mark on this significant project."

Healthscope CEO, Robert Cooke said the hospital would be world-class.

"This facility will be the jewel in the Healthscope crown and the people of South East Queensland will be the beneficiaries," he said.

"Situated in the heart of the Health and Knowledge Precinct, Gold Coast Private is co-located with the Gold Coast University Hospital and Griffith University. Together this trio will make a formidable team.

"This type of co-location is the way of the future for healthcare, education and research and has real benefits for the community.

"When the great minds of the city work together and coexist we can achieve great things.

"The Gold Coast is leading the way in creating a culture of sharing and collaboration in an effort to

better service the community both locally and nationally.

"We are proud to be part of this new-age approach and look forward to contributing our knowledge and resources, as we continue to contribute in shaping the future of healthcare in the Gold Coast."

Allamanda Private Hospital general manager David



Allamanda General Manager David Harper signs final concrete slab

Harper said construction was tracking ahead of schedule on the Gold Coast's biggest private hospital development in more than two decades.

He said the 'topping out' was a major highlight in the evolution of the new hospital.

"Since construction began there has been in excess of 25,000 cubic metres of concrete poured to get us to the stage we are at today," he said.

"People can now get a real sense of the scope and size of the hospital.

"It's an exciting time as we edge closer to welcoming our first patients in early 2016."

Mr Harper said the hospital would open with 284 beds and 13 theatres with the ability to expand to 400 and 21 respectively.

"The use of dry walls allows easy re-configuring of the hospital's layout for ease of expansion in line with demand," he said.

"These design inclusions also accommodate future advances in technology and changes in medical care practices.

"The interior finishes and colour scheme are intended to create a warm, welcoming environment - more along the lines of a five-star hotel than the cold, clinical feel found in many hospitals."

The facility will provide an extensive list of services including maternity, special care nursery, paediatrics, cardiac catheterisation lab and hybrid theatre, rehabilitation, intensive care and 24 hour emergency care centre, and will be supported by providers of imaging, pathology and pharmacy.



Mayor Tom Tate, Allamanda General Manager David Harper and Southport MP Rob Molhoek

Croydon Family Practice celebrates first birthday

Croydon Family Practice celebrated its first anniversary on 17th February. The purpose built medical centre has grown from strength to strength in its first twelve months.

Originally commencing with six doctors, Croydon Family Practice has doubled that number to twelve and is still growing.

Patient volume also continues to increase with over 50,000 consultations expected in this financial year.

Practice Manager of Croydon Family Practice, Corina White said "We are proud of the success of Croydon Family Practice in our new location. We partner with an experienced team of General Practitioners, the majority having practiced in this area for over 25 years. We are supported by a dedicated team of nurses and

reception staff who have built relationships with our patients."

"Our objective in our second year is to further develop the remaining space on the second level. This would truly amalgamate the three arms of our company by incorporating Pathology, Medical Centres and Specialist Care with the support of Healthscope Hospitals."

"Our General Practitioners are keen to have Specialist care available to patients and the opportunity to collaborate with Specialists for the best patient outcomes," says Corina.

There is still further expansion available with approx. 550 square metres available for lease on level one which would be ideal for specialist consulting suites.

If any hospitals have Specialists that are interested in this opportunity, then please contact the State Manager: Shane.Mann@healthscope.com.au

"A special thank you to all the doctors and staff of Croydon Family Practice. All have worked very hard and warmly welcomed new team members, making the relocation and amalgamation of neighbouring medical centres the success it has been."
– Corina White, Practice Manager of Croydon Family Practice.



Croydon Family Practice celebrates its first year anniversary

Sydney Breast Clinic leading women's healthcare

One in eight women in Australia will be diagnosed with breast cancer in their lifetime, however early detection saves lives – the earlier a cancer is discovered, the greater the chances of successful treatment.

Sydney Breast Clinic (SBC) is a leading private breast clinic that has been providing women's health services since 1978.

Linda Sebastian, General Manager of Sydney Breast Clinic explains "Our clinic performs the Triple Test; medical history taking, clinical breast examination, imaging and non-excision biopsy in the diagnosis of breast disease. This range of services for the detection and diagnosis of breast cancer - from screening management - enables us to provide a same day result to give peace of mind".

SBC uses the latest imaging technology currently employing

3D mammography and 2D reconstruction software for better diagnostic sensitivity and specificity, and density software for reliable calculation of breast density.

The multidisciplinary team consists of over 30 experienced breast surgeons, breast physicians, radiologists, pathologists, radiographers, sonographers, nurses and administrative staff.

Recently SBC successfully tendered for the contract to provide Breast Screen Services for the Northern Territory Government. The contract will commence in April and runs for a two year period.

Over the two year period SBC staff will read over 5,500 mammograms remotely from the clinic and perform up to 25 assessment clinics throughout the Northern Territory per annum.

Services at Sydney Breast Clinic

- Diagnostic Assessment Clinic - for women of all ages presenting a breast symptom.
- Risk Assessment Clinic - for women who are potentially at an increase risk of developing breast cancer
- Breast Screening Clinic -for women who have no signs or symptoms of breast change
- Bone Mineral Density Testing - for women of any age, particularly if post menopausal or pre menopausal and at an increased risk of osteoporosis.

The Facts

- More than half of all breast cancers in Australia are discovered by the woman herself or her doctor
- Nine out of ten breast changes are not due to cancer, but women should see their doctor to be sure
- Breast cancer is also diagnosed in men (although the chances of this occurring are much lower than for women).

For more information on services at Sydney Breast Clinic, please contact:

The Customer Service Team

Phone: 1300 65 30 65

Email: info@sydneybreastclinic.com.au

Website: www.sydneybreastclinic.com.au

Facebook: Sydney Breast Clinic



Sydney Breast Clinic (SBC)

Inaugural National Front Office Managers' Conference

After years of discussion and months of careful planning the Inaugural National Front Office Managers' Conference was launched in late 2014.

Together, Mark Briscoe, General Manager of Corporate Services, and Jenny Toohey, National Front Office Process Manager, welcomed all Healthscope Front Office Managers (FOM) and delegates from all 44 hospitals to The Royce Hotel in Melbourne.

'It starts with us' was the theme of the conference, a poignant reminder that the Front Office Managers are at the helm, managing the front line staff who are the first point of contact for patients and visitors – a critical role for all hospitals.

One of the FOMs primary tasks is to train and monitor their team to ensure they maintain the Healthscope 'STAR' values at all times – service excellence, teamwork and integrity, aspiration and responsibility.

This responsibility starts with the Front Office Managers and the conference objective was to empower the FOMs with the knowledge and skills to maintain this level of excellence in the workplace.



The 2014 Front Office Manager delegates

Over the two days of the conference the FOMs tackled a jam-packed schedule that addressed a number of key areas including how to provide extraordinary customer service, the importance of teamwork and how to conduct effective performance appraisals.

Breaking into two groups for small group learning, the blue and orange teams undertook a number of key sessions including a 'magical' session on team work and customer service with Sean Taylor as well as a session on how to conduct an effective performance appraisal with Doss Duscher.

Over 90% of the attendees implemented or had immediate plans to implement changes using some of their key learnings relating to team work session on their return to their hospitals after the conference. Doss' advice was enthusiastically received and the majority of the participants found the session very beneficial.

"It was great to meet other staff and chat about the way they do things in their facility ... I found the content to be very useful and I enjoyed the interaction with both the presenters and the other Front Office Managers ... I found the day to be very informative and I learnt a great deal," FOM delegate.

No corporate conference would be complete without an evening event, and after a well-received update from Robert Cooke, Managing Director, on Healthscope's performance, key initiatives and corporate activities, the FOMs were all whisked away to a pre theatre dinner before they enjoyed the musical Wicked.

Day 2 commenced with a stand out session for many of the FOMs called 'Five in Five', which saw five brave Front Office Managers present their own information session in front of their peers on the effect implementing 'change or something new' has had on their workplace:

Northpark Private – Heather Oakley: Into the 21st century

Sydney Clinic – Tim Whicker: Turning the admission process around

Knox Private – Vivian Niteros: Casemix meetings

Hobart Private – Gabrielle Cranwell: Setting targets & communication

Brisbane Private – Katrina De Valle: e-Admission story

Key introductions were made to members of the Revenue Management Team, IT Hospital Applications, Marketing and Procurement Team, who all provide support services to the 44 hospitals and FOM

teams. Highlights included the introduction of the National Admission Prompt Sheet by Maria Sullivan and the informative HINT Portal and HELP sheet overview by Alison Daley. Business Analysts, John Wee and Anthony Sotomayor discussed the impacts of internal and external audits on Hospitals.

Jenny Toohey provided 'Top 10 tips' to assist with everyday tasks and also reminded us all very clearly of the importance of 'reading and understanding' the OEC details.

“All of these things highlighted the importance of process and it was useful to find out about how much information is actually available to assist with these processes”. FOM delegate.

Hospital Applications Manager, Libby Hadjiloukas delivered an overview of the webPAS enhancements, pilots and projects including Whiteboard views, SMS messaging, billing alerts and reminded the team that the long awaited Informed Financial Consent functionality from webPAS was tested in October 2014.

It was also good for the Front Office Managers to have the opportunity to meet members of the PAS Support Team and Hospital Applications Team on the day including Jessica Mills, Anne-Marie Picket, Jenny Jobbins and Brenda Howe.

“All relevant and useful information and I look forward to hearing more.”

Richard Dore concluded the educational sessions at the conference with his humorous yet practical advice on leading a positive culture which provided a valuable insight into the effective communication styles and how to create highly effective workplace cultures.

“This session was great! I feel a lot more positive and can pass that on to my staff with more confidence.”

Overall the conference exceeded the expectations of the majority of Front Office Managers.

“The conference was fantastic. Not only did I learn so much about being a Front Office Manager I was also able to establish networks. The presentations were professional and informative. I truly appreciated this wonderful opportunity and am very thankful to all involved”

“I would like to see the FOM conference continue on a yearly basis as it is a very essential learning package and gives insight into how fellow peers do certain tasks in their facility. Many thanks for the experience and the confidence it has given me”

Jenny Toohey, Maria Sullivan and Phyllis Burrows personally took the opportunity to thank Fiona French for all her guidance and assistance, Libby Hadjiloukas for the IT support and to Mark Briscoe for supporting the event. Special thanks to the Royce and to all the internal and external presenters who were crucial in making this such a successful event.

Knox Private Hospital's Diabetes Nurse Educator achieves Nurse Practitioner accreditation



Simone Patterson, Diabetes Nurse Educator, Knox Private Hospital

Her role involves providing advice for inpatients and their families to support diabetes self-management, but also includes education and training for the inpatient management of diabetes for nursing staff.

Simone's aim is to improve the quality of life of people with diabetes and encourage healthcare professionals to better understand the treatment and impact of diabetes from the patient's perspective.

"Diabetes education and management has become my personal interest and professional challenge. I am motivated to extend my skills, contributing to excellence in patient care and working to promote the

development of innovative organisational glycaemic initiatives", Simone explains.

Simone has also recently begun seeing outpatients in the maternity unit for gestational diabetes, offering mothers-to-be the education and support they require for managing their treatment.

Simone's service also extends across to Bellbird and Ringwood Private Hospitals as well as to the Victorian Rehabilitation Centre, assisting their Cardiac Rehab Program.

Maree Wilson, Director of Nursing, Knox Private Hospital identified Simone's contribution as integral to the continuum of care at Knox Private Hospital.

"Simone is an exceptional professional role model in her role as a Nurse Practitioner in Diabetes Management. Her expert knowledge allows our patients to experience up-to-date evidence-based practice in relation to diabetes management which supports them in promoting their independence in the community".

An Australian first for Peninsula Private - a new technique for an age old problem.

Queensland surgeon Dr Hugh McGregor has recently undertaken an Australian first surgical procedure which has provided a much needed cure for an ailment that has long been associated with terrible pain and suffering.

King Louis XIV of France, the Great Sun King, a documented sufferer of anal fistula, if still alive, would have no doubt been the first in line to receive 21st century healthcare treatment from Dr Hugh McGregor, a General Surgeon who specialises in Proctology at Peninsula Private Hospital.

As recorded in history, King Louis demanded a cure for his troubling ailment so French physicians went into the community to practise different surgical techniques on the poor peasants prior to curing King Louis on his royal bed at Versailles, before the

days of anaesthesia and with the Royal Court in attendance.

Since the 18th century very little had changed and various techniques were developed with variable success until the development of a special Ovesco Nitinol OTSC clip. This clip progressively closes the opened internal fistula and stays in place until the fistula tract has healed and closed. It then either falls out or is easily removed.

Dr McGregor was pleased with the outcome and said "I hope to replicate these results with future patients."

The use of this device continues a tradition of Dr McGregor and Peninsula Private Hospital using new technology to cure old problems.

Dr McGregor recently performed his first endoscopic pilonidal

sinus surgery (EPSIT- Stortz Australia) on two patients at Peninsula Private Hospital.

He recounted that "Some patients can take two years to heal after surgery in this difficult area. However both patients were fully healed four weeks after surgery, a great result that shows we are taking great steps to revolutionise the treatment of this awful disease."

Using a special device at Peninsula Private Hospital, Dr McGregor performs a revolutionary procedure for haemorrhoids called HALRAR (Endotherapeutics) which involves no cutting and has revolutionised treatment of this stigmatising problem.

Dr McGregor is now the biggest user of this technique in Australia and performs this surgery weekly at Peninsula Private Hospital.

Lady Davidson introduces new Cancer Rehabilitation Program

With advances in the medical treatment of cancer, including the combination of surgical intervention, radiotherapy and chemotherapy, the five year cancer survival rate is now around 64% in Australia.

The basis of cancer care is not simply on survival but on rehabilitation that aims to improve functional capabilities and quality of life, particularly as many older people with comorbidities are having successful cancer treatment.

However, the rehabilitation objectives are just as valid for many patients living with cancer as for those considered to be cured or at least in complete remission.

Identifying and meeting patient needs whilst building on excellence are essential components in the provision of best practice in medical care, keys in defining best practice for the future.

Motivated by these principles and mindful of its position as a leader in the delivery of specialist rehabilitation care in Australia, Lady Davidson Private Hospital has recently developed a specialised multidisciplinary rehabilitation program for patients with cancer.

The inpatient program is a focused and carefully structured program to optimise benefit while minimising the time that patients remain in hospital, the latter, being particularly important in individuals with cancer.

Complementing the inpatient program is a five week day-therapy program, either stand-alone or following inpatient care, with the aims of consolidating achievements and providing ongoing benefit.

At its core, the Cancer Rehabilitation Program is designed to help patients with cancer achieve all the benefits that may follow from their cancer treatment.

Lady Davidson Private Hospital is well placed to lead the way in innovative rehabilitation programs. It has a unique role: in 2014, it was the first private rehabilitation hospital to become a Teaching Hospital of Sydney University Medical School.

As a measure of its initial success, the teaching role has been expanded in 2015 with the hospital being involved in teaching students from all levels of the University of Sydney Medical Program and partnering with Hornsby Hospital for some teaching. The hospital is also a major training hospital for rehabilitation specialists. A fifth registrar will be appointed in early 2015 such that there will be four trainees in accredited positions; making Lady Davidson Private Hospital the largest single rehabilitation training provider in Australia.

Program Goals:

Key objective

- Return to a meaningful and functional lifestyle by improving capacity to return to work, leisure pursuits, usual daily routines and general wellbeing.

Specific program objectives

- Improve fitness, strength and endurance.
- Develop strategies for completing everyday tasks.
- Reinforce an ongoing self-directed program to maintain and build on the benefits of the Hospital program.
- Provide education and support to family members or others where appropriate.
- Ensure integration with oncological management and related services to provide comprehensive care.



Lady Davidson Private Hospitals' rehabilitation program to improve functional capabilities and quality of life.

Back in the driver's seat at Griffith Rehabilitation Hospital

Medical conditions vary greatly and the effect that they have on a person's ability to drive must be considered to ensure driver and general public safety.

It is a legal requirement for drivers, of any age, not to get behind the wheel of a car if they have a medical condition or incapacity which prevents them from driving safely and legally.

Griffith Rehabilitation Hospital has recently commenced a new driving and health clinic for drivers that provides a comprehensive screening for drivers of their medical competency to drive.

The testing is completed by a rehabilitation physician and occupational therapist driver assessor.

The Department of Planning, Transport and Infrastructure (DPTI)

consults closely with general practitioners, medical specialists and occupational therapist driver assessors when considering approval of licensing applications.

Nicki Hayball from Griffith Rehabilitation Hospital explains "As part of the clinic we evaluate a patient's medical history, medications (including side effects), driving history, driving goals, testing of vision, physical and sensory skills with regard to impact on driving, awareness of the driving environment, awareness of driving abilities, thinking strategies and road law application."

Post assessment the clinic team prepares referrals for practical on-road driving assessment and recommendations for vehicle modifications and training programs.

"The clinic is suitable for any driver who has a medical condition which may impact on their driving ability," said Nicki.

Referrals to the driving and health clinic may be made by medical health professionals. Clients who have private health insurance or Department of Veterans Affairs cards are eligible for rebates.



Bernard Handscombe prepares for his assessment with Dr Zoe Adey-Wakeling and Nicki Hayball



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Healthscope Pathology announces partnership with Ariosa Diagnostics to distribute the Harmony™ Prenatal Test in Australia

Through a partnership with Ariosa Diagnostics, Healthscope Pathology is pleased to announce the launch of Harmony™ Prenatal Test, a non-invasive prenatal blood screening test for pregnant women that can identify the risk of foetal abnormalities.

Harmony™ Prenatal Test is performed using a simple blood sample taken from pregnant patients and can be performed as early as 10 weeks into the pregnancy.

The test is designed to assess the risk of Down's Syndrome and other genetic abnormalities by evaluating fetal cfDNA found in maternal blood.

"This test has been scientifically proven to have very high sensitivity and specificity in determining changes in chromosomes 13, 18, and 21 of an unborn baby" said Dr Keith Byron, Scientific Director of Healthscope Advanced Pathology.

Healthscope Pathology has entered into an agreement with US-based company, Ariosa Diagnostics Inc to provide the Harmony™ Prenatal Test to referring clinicians through its network of over 600 patient sample collection centres.

"We are very pleased to offer the Harmony™ Prenatal Test, which is an affordable, high quality test." said Dr Byron. "Healthscope is committed to ensuring that the latest advances in prenatal testing are accessible to all healthcare providers and women throughout Australia."

Newcastle Private Hospital celebrates its 50th heart procedure

Newcastle Private Hospital celebrated the completion of its 50th heart procedure on 14 November.

The celebration, which brought together cardiothoracic surgeons as well as nursing staff from Theatres and the Intensive and Coronary Care Units, is a milestone for the hospital.

Newcastle Private Hospital's General Manager, Michael Mitchell, is pleased with the progress towards this milestone, stating "This year has been exciting with the hospital achieving significant positive outcomes with our renovations, which has seen us improve our facilities and services for our patients by meeting their needs."

In 2014, Newcastle Private Hospital saw the introduction of new operating theatres, specifically a cardiac theatre to support the Cardiac Catheter Lab, a new five-bed Coronary Care Unit, seven new patient rooms and a larger Surgical Admission Unit. The Intensive Care Unit also underwent renovations to five rooms, which were completed in January 2015

The hospital commenced its cardiothoracic surgical program in July with its first procedure undertaken on 21 July 2014. In preparation, a team of specialist nurses were extensively trained in cardiothoracic procedures and intensive care postoperative management, with the cardiothoracic surgeons, Drs Peng Seah, Jivesh Choudhary and Taranpreet Singh supported by a strong team of cardiologists.

This new service is a welcome addition to the already diverse and comprehensive range of services provided at Newcastle Private Hospital and the introduction of these procedures sees the hospital expanding its care for patients not only from the Newcastle and Hunter district but also from regional areas.



Newcastle Private Hospital celebrates the completion of its 50th heart procedure.

Flinders Private Nurses on a health mission

A shared passion for providing key healthcare services to developing countries saw Flinders Private nurses Liz Mason and Genna Gava travel to Papua New Guinea in late 2014 with Open Heart International.

Open Heart International (OHI) is a volunteer driven organisation which provides medical treatment for patients in developing countries who do not have access to treatments due to a lack of the necessary technical or financial means irrespective of their nationality, race, or religion.

A two week stint in Port Moresby General Hospital saw Genna and Liz working with other healthcare professionals providing care for children and adults aged nine months to 25 years, post open heart surgery.

The majority of patients required very specific, lifesaving cardiac surgery to repair Atrial or

Ventricular Defects, Aortic and Mitral valves and Tetralogy of Fallot, operations that are generally not available in PNG.

Due to time and ICU bed restrictions despite the patients' high acuity, they return back to the ward less than 24 hours post-surgery.

A key part of Genna and Liz's role was to provide training to a select group of local nurses who benefited from their experience and training.

Genna explains "It didn't take us long to create strong bonds with the fearless children we cared for. It was very rewarding and very hard to leave. However our adventure wasn't over yet."

From late November to early December 2014 Genna and Liz, again with OHI, flew to Rwanda and Tanzania to provide specialist cardiac care.

Liz explains "Rwanda currently has no cardiothoracic surgeon as many of the country's doctors were murdered in the 1994 genocide. Two Rwandan doctors are currently training in South Africa to become cardiothoracic surgeons, however they will not graduate for another six years."

A key highlight on the Rwanda leg of the trip was the successful operations on 18 children.

In neighbouring Tanzania, the country does have its own cardiothoracic surgeon – Dr Godwin Godfrey who is located in Mwanza.

Dr Godfrey was sponsored by an Australian couple to undertake training in Israel and following completion of his training, he returned to his home town to help his local community.

This trip was the first time that OHI had operated in Tanzania and Liz and Genna explain that it was very challenging to help start the program from scratch.

"A total of 15 children were successfully operated on in Mwanza, a great result for such a new environment," explains Genna.

"With a local surgeon on board the longevity of this program and likelihood of Tanzania being able to operate independently in the future is promising," said Liz.

OHI are planning to return to Eastern Africa in April 2015 and Papua New Guinea in July 2015.

Genna and Liz are always have an eye on their next adventure.

If you would like to help Genna or Liz travel to Papua New Guinea to help others visit

<http://pngcardiac2015.gofundraise.com.au/> and follow the links or visit www.ohi.org.au



Flinders Private Nurses Genna and Liz volunteering for Open Heart International

Patient Focus Group

There has been an emergence of policies promoting the rights and responsibilities of consumers and carers within the healthcare system, and an increasing focus on consumer and carer participation and collaboration in the planning, design, delivery and evaluation of healthcare.

There has also been a slow but steady shift towards the recognition that healthcare organisation, consumers and carers are all partners in the healthcare system.

Healthscope has increasingly sought participation of consumers/patients in decision making and this has been formalised with the appointment of one or more Consumer Consultants

at each Healthscope hospital. Healthscope has Consumer Consultants at Corporate level and within each of our hospitals, not only providing valuable feedback and suggestions on how our organisation can improve on its services, but as active partners in how we undertake our business and care provisions.

Concurrently, the Australian Government has increased the focus on consumer involvement in health by including a standard on Consumer Participation as one of the 10 National Safety and Quality Health Service Standards.

One strategy that Healthscope uses to engage patients in our organisation is conducting focus groups.

On 3 December 2014 a focus group was held at Healthscope head office. Consumer Consultants and some past/present patients were invited for morning tea and asked for their input and feedback, engaging with the Managing Director in a discussion about strategic planning for Healthscope nationally.

The staff involved in the forum included Robert Cooke, Managing Director, Mark Briscoe, General Manager Corporate Services, Cathy Jones, National Quality Manager and Carol Moore, National Patient Centred Care Manager.

Some of the questions asked of consumers at the forum included:

- What is done well with engaging Consumer Consultants?
- Is the frequency of interactions appropriate?
- How involved are you in providing feedback?
- How could communication be strengthened?
- Are you engaged in strategic and operational planning?
- Do you participate in meetings?
- What would you have changed or included in the role?
- Has being involved as a Consumer Consultant met your expectations?

The areas discussed at the forum included:

- Patient Centred Care – the mandatory education program that Healthscope provides for all staff to improve their focus on excellence in customer service.
 - Consumer Consultant role – discussion on how they engage with staff and patients at their individual hospital, activities conducted, projects, strategies used and support received.
 - MyHealthscope – a demonstration of this ground-breaking website showing quality indicator data for each Healthscope hospital compared with national benchmarks and patient education information. Participants were asked to evaluate MyHealthscope using the online survey.
 - Strategic Planning – Healthscope overview was presented by Robert Cooke. This included the impact of the stock exchange listing, new building works, procurement program and benefits. The consumers gave their advice and suggestions which were gratefully received by the executives.
- An action plan was developed as a result of the forum. There will be another three consumer forums held in 2015.
- If you would like to participate in a future forum please contact carol.moore@healthscope.com.au.

Natural landscapes brighten the walls of The Victorian Rehabilitation Centre

Pablo Picasso stated **“Colours, like features, follow the changes of the emotions.”**

The Victorian Rehabilitation Centre recently completed the installation of prints within the corridors of their centre.

Patients have already reinforced that colour has brightened and improved the feel and mood of the hospital environment.

With plans to extend the artwork displays into the consulting rooms, it was decided to engage with the local community. Mazenod College, Mulgrave, who were at the time conducting pastoral care at the centre, were invited to enter The Victorian Rehabilitation Centre Photography Competition. The theme of the competition was natural landscape which was defined as a landscape that was unaffected by human activity.

There were a total of 70 entries of which 43 were selected to be displayed in the main corridor of The Victorian Rehabilitation Centre. Over a period of weeks staff, patients and visitors were invited to vote on their favourite photograph.

After tallying a total of 250 votes, the winner was “Rockpool” (pictured), with “Spidery Flower” coming second place and “Cones” at third place. The winner received a \$300 voucher to a camera store.

From all the entries received, 30 photographs will be chosen for limited edition printing and will be displayed in each patient room

“It really has been a fantastic experience for all concerned and we extend our congratulations and thanks to all the entrants” said Harry Koutsoufotis, The Victorian Rehabilitation Centre’s General Manager.



Rockpool



Spidery Flower



Cones

Cotham Private Hospital and Panoply Art Gallery launch art exhibition

Cotham Private Hospital and Panoply Art Gallery have teamed up to provide one of the first ever permanent art gallery exhibitions of local artists in a hospital in Australia.

The opening of the gallery exhibition, showcased an array of art works throughout the hospital foyer and corridors which is now on permanent display.

The gallery launch was attended by a large selection of new specialists who have been recruited recently to Cotham Private Hospital.

There were a number of local GPs in attendance as well as five of the artists whose works grace the walls.

Gallery owner Kate McLeod said it was “a wonderful night and a great opportunity to showcase the talents of our artists”.

Kate even conducted a guided tour of each piece of art including the history of the subject and the artist.

Cotham Private Hospital’s Marketing Manager, Rob Stewart stated, “The launch of the gallery has been a great community engagement project. We have over 10,000 people pass through our hospital either as patients or visitors annually so having the artwork on display is not only of interest to patient’s, but also refreshes the aesthetic of the hospital regularly. The evening has also given our new specialists a great opportunity to build relationships with other doctors and referring GPs.”

The exhibited works are expected to be rotated and changed with new pieces every four to six months throughout the hospital.



Opening Night of Gallery Exhibition

NSW/ACT Current Safety Initiatives For Safe Work Australia – October Safety Month

For Healthscope NSW/ACT safety is a priority all year round.

The Safe Work Australia promotion of October Safety Month provided Healthscope's NSW/ACT sites a forum to showcase safety initiatives and provide open communication and a team approach that contributes to the division's safety success.

From hospitals to pathology collection centres, various programs and activities were run throughout October to demonstrate our continuing focus on safety.

The team approach on this project not only encouraged a joint participation towards a safety goal but also, and more

importantly, created a platform for every business department across NSW and ACT to discuss safety and promote increased safety awareness.

The following table outlines the activities that were undertaken across the business division.



Norwest Private Theatres Safety Notice Board competition



Campbelltown Private Poster competition



Nepean Private Catering Department Safety Notice Board competition

Hospital	Campbelltown Private	Sydney Clinic	Nepean Private	Prince of Wales Private	National Capital Private
Initiative	Safety Poster competition BBQ to celebrate safety awareness	Spot the hazard competition across all departments	Inter-department safety board display competition	Inter-department quiz competition on hazard identification and reporting Large display boards outlining hazard awareness	Safety Display Board

Hospital	Newcastle Private	Mosman Private	Sydney Southwest Private	Lady Davidson Private
Initiative	Safety Initiative competition inter department Climb the stairs health promotion	Safety Board Competition	Multi day for safety awareness Safety Banner Competition	Safety Display Board competition

Doctors team up to explore both sides of the story at Brisbane Private Hospital

Educational meetings are helping surgeons and radiologists gain a deeper understanding of each other's role, resulting in more precise diagnosis and treatment.

Held weekly at Brisbane Private Hospital, the meetings are dedicated to hand and upper limb surgery and are attended by radiologists, orthopaedic and plastic surgeons from around Brisbane.

Brisbane Private Hospital upper limb surgeon Kenneth Cutbush said the meetings were a huge step forward in understanding the two sides of surgery.

"Radiologists have an in depth understanding of the imaging, however they don't get to see the intraoperative perspective that surgeons do," he said.

"Often these two 'versions' of an injury can look vastly different. By collaborating on cases, we can look at not just the initial scan but also intra-operative pictures, videos of the surgery and the patient's pre-operative examination and correlate that with pre and post MRI findings."

"This gives us all a great insight into both sides of the story which lifts the level of education and understanding between surgeons and radiologists," explains Dr Cutbush.

Brisbane Private Hospital has recently invested in equipment to help facilitate the forums that

are run across several multimedia platforms. The technology allows scans from private radiologist groups to be loaded on the doctors' personal computers and projected onto screens for all delegates to view.

"The equipment enables us to have several laptops connected at one time and switch between screens. This gives us the ability to have all the information, scans and video on one platform.

Having access to all this information, as well as to a team of experts from different fields, is extremely useful, particularly for complex cases. This level of access and group discussion helps us to become more proficient in diagnosis and treatment.

This leads to better patient outcomes." Dr Cutbush said.

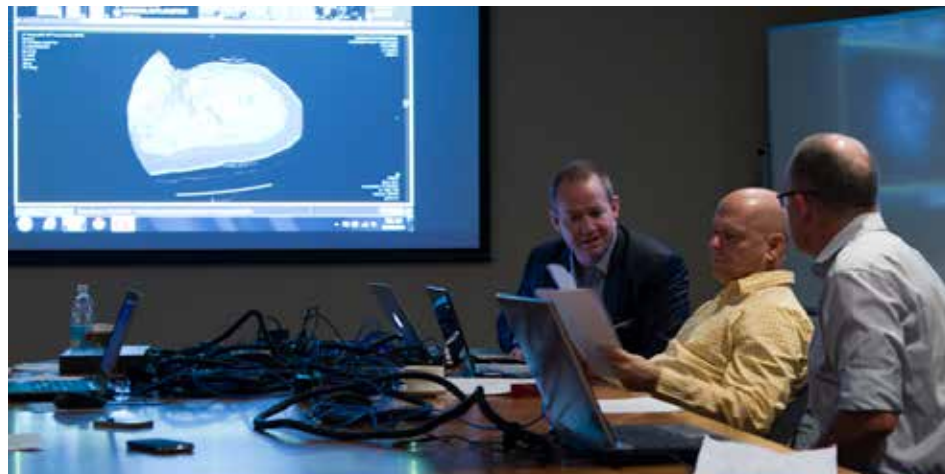
The meetings are held every Tuesday morning at Brisbane Private Hospital between 7am-8am.

The focus rotates between wrist, shoulder, hand and a special presentation by the overseas Fellows who come to train with the upper limb surgeons at the Brisbane Hand & Upper Limb Clinic.

The meetings are open to anyone interested in hand, wrist and shoulder surgery.

"It's really exciting to see the meetings continue to grow in size, there is nowhere else in Queensland offering an educational program similar to this so it's great to see so many people wanting to be involved." Dr. Cutbush said.

For more information contact Dr Ken Cutbush on (07) 3834 6797 or 0418757659.



Brisbane Private Hospital orthopaedic surgeon Ken Cutbush with Brisbane Private Imaging radiologists Paul O'Connell and David Lisle

Prince of Wales Private Hospital's Neurosurgery Conference

Prince of Wales Private Hospital's "The Cutting Edge of Neurosurgery" conference was held at the Crowne Plaza in Coogee Beach on 1 November 2014.

The event was a great success with attendance from over 190 theatre staff, ward staff, Allied Health Practitioners, medical staff and students from public and private hospitals and primary healthcare organisations across New South Wales, Tasmania, Western Australia, and Victoria, all gathering to hear about the latest advancements in neurosurgery techniques.

Presentations were given by leading Australian and International neurosurgeons about the 'how and why' of common surgeries currently

being performed and also talked candidly about the challenges experienced through their work.

The conference was chaired by Deborah Latta, General Manager of Prince of Wales Private Hospital and delivered in two sessions, the first focussing on the brain and the second session on the spine.

The success of the event was largely due to all surgeons taking time out of their busy schedules to share their expertise at the Neurosurgery Conference.

The event also benefitted from the generous support of industry sponsors that also displayed trade tables on the day.

Presenters at the Prince of Wales Private Hospitals' "The Cutting Edge of Neurosurgery" Conference

Dr Charles Teo – Keyhole approaches for brain tumours.

Dr Jason Wenderoth – Endovascular treatment of stroke.

Dr Jacob Fairhall – Changing technology and techniques in neurosurgery.

Dr Erica Jacobson – Positional plagiocephaly and other odd head shapes.

Dr Raj Reddy – Minimal access options for spinal surgery.

Dr Ralph Mobbs – Back & neck pain: workup and options .

Dr Richard Parkinson – Cervical and lumbar disc arthroplasty.

Dr Jordan Wood – When to get help: the role of the modern multidisciplinary pain clinic.

Dr Marc Coughlan – Anterior surgical techniques.

The educational and networking opportunities the conference provided are invaluable to furthering the speciality of Neurosurgery. This educational event was one of many that the Prince of Wales Private Hospital coordinated in 2014.

The team strongly believe that in providing education such as this event, we expand the level of knowledge in the speciality of Neurosurgery and in turn improving patient outcomes.



"The Cutting Edge of Neurosurgery" Conference

Good Neighbours at Ringwood Private Hospital

Ringwood Private Hospital recently played host to Toni Mc Cutcheon, Props Buyer for Network Ten's 'Neighbours'. Staff at Ringwood Private Hospital advised Toni on the set up of multiple treatment modalities available at the hospital, including chemotherapy and radiotherapy.

Toni's visit to Ringwood Private Hospital was to research an upcoming hospital scene, where a character on the series Neighbours will be receiving chemotherapy.

Megan Mills, Deputy General Manager and Director of Nursing, at Ringwood Private Hospital stated that "Toni's visit provided staff with an exciting opportunity to show off their skills and knowledge of cancer treatment. Staff were able to demonstrate and add experience to Toni's vision, at the same time demonstrating the patients view and experience of cancer treatment whilst at Ringwood Private Hospital."



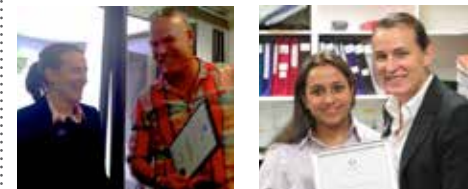
L-R: Maree Burmiester (Day Oncology Nurse Unit Manager), Rebecca Welti (Enrolled Nurse and Mock Patient), Toni Mc Cutcheon (Neighbours Props Buyer)

Short Stories

Maria Pantazis, a patient at The Victorian Rehabilitation Centre had her life saved by her very brave heroic son, Dimitri Antoniadis, who risked his life to rescue his mother from their burning home.



A certificate of appreciation was recently presented to a staff member from both Prince of Wales Private Hospital and Sydney Clinic by Constable Christine McDonald for their assistance in the investigation into a suspected bomb threat in October 2014.



Healthscope

the Pulse

Northern Beaches Hospital Special Edition

NORTHERN BEACHES HOSPITAL

In this Issue

HEALTHSCOPE CHOSEN TO DESIGN, BUILD, OPERATE AND MAINTAIN THE NORTHERN BEACHES HOSPITAL
DELIVERING EFFECTIVE CLINICAL CARE TO THE NORTHERN BEACHES
STAR SPOT: DEBORAH LATTA
DEVELOPING A STAR WORKFORCE

Message from MD

Exceptional healthcare for the people of the Northern Beaches will be the hallmark of the Northern Beaches Hospital.

Working together in an enduring partnership, Healthscope and the NSW Government will deliver a project which sets a new standard in the procurement of health services.

The local community will receive a world-class facility offering a greater range of services, right in their neighbourhood – a hospital delivering ‘the Right Care, in the Right Place, at the Right Time’.

Healthscope’s vision for the Northern Beaches Hospital is to create a garden hospital, light-filled and reflecting a welcoming ambience – a genuine asset to enhance the Northern Beaches community.

I am delighted to introduce the Northern Beaches Hospital to our Healthscope staff, patients, carers and visitors in this special edition of the Pulse.



Robert Cooke

Healthscope chosen to design, build, operate and maintain the Northern Beaches Hospital

Healthscope, Australia’s leading provider of integrated health care, has been chosen to design, build, operate and maintain the new \$600 million Northern Beaches Hospital in Sydney’s Frenchs Forest.

Under an innovative arrangement with the NSW Government, the 488-bed hospital will treat public and private patients. It will be located at Frenchs Forest, about 15km from the Sydney CBD. Construction is due to start in early 2015 with the hospital due for completion in 2018.

“The Northern Beaches Hospital will be the first built on a greenfield site in Sydney in 20 years, delivering the best possible care to public and private patients,” said NSW Premier Mike Baird. He also added:



Artist impression of the Northern Beaches Hospital

“Partnering with one of Australia’s leading health care providers is the smart solution, allowing the Northern Beaches Hospital to be built faster, at less cost to the taxpayer.”

Healthscope was selected ahead of other private healthcare providers in a highly competitive bid process.

Healthscope will provide public patient services over the next 20 years. At the end of the contract period, the public portion of the hospital will be handed back to the NSW Government and Healthscope will continue to provide services to private patients for another 20 years before the entire facility is returned to government.

While the Northern Beaches has one of Australia’s highest rates of private health insurance, residents



Artist impression of reception area

who wanted the option of private hospital care have usually had to travel outside the local area.

With the new hospital to open in 2018, NSW Minister for Health Jillian Skinner said public and private patients will both be winners.

“Public patients will no longer have to travel out of the Northern Beaches to other hospitals for higher order health care - they will be treated closer to home.

And, privately-insured patients will also have easier access to this higher order health care in a beautiful, state-of-the-art facility,” Ms Skinner said.

When the new hospital is completed, Manly Hospital is expected to cease operations and NSW Health employees will be offered redeployment in the French’s Forest facility which will employ about 1300 people.



Artist impression of street view

The Northern Beaches Hospital will work closely with Mona Vale Hospital which will provide sub-acute services.

Robert Cooke, Healthscope CEO, said the chance to build and manage a new hospital for the NSW Government will showcase the company’s ability to handle such arrangements as States increasingly turn to

private operators to share the burden of public healthcare.

“We believe there are many benefits in this model,” Robert said.

He said the Healthscope team, including construction partner Thiess and architect BVN, were keen to release their winning design.

“We’re all looking forward to new partnerships with Government and our local community as well as building a contemporary, digitally innovative and forward-looking healthcare facility for best practice contemporary models of care.”

“We went into the bid with a ‘Right Care, Right Place, Right Time’ philosophy and I believe that conviction, and the strength of our design, clinical standards and financial model, was reflected in the final result,” Robert said.

About the Northern Beaches Hospital

The Northern Beaches Hospital will be a welcoming, patient-centred facility able to provide the personalised care consumers need including:

- 488 beds with room to expand in the future.
- Sweeping coastal, district and city views from patient rooms and lounges.

- Emergency department with an innovative Healthscope GP Clinic to provide everyday health care for the local community and help reduce the need for Emergency Department treatment where possible.

- Critical care services, including intensive care.
- Medical and surgical services.
- 14 operating theatres, with integrated theatre technology.

- Maternity and women's health, paediatrics, renal, cancer care and other specialties.

- Ambulatory care (outpatient services) conveniently located close to the main entry.

- State-of-the-art digital imaging and diagnostic facilities, with the building enabled for future technologies.

- A mental health service with a number of specialised units conveniently located on one floor.

- Welcoming reception for public and private patients.

- Convenient café, retail and visitor services.

There will also be options for care in the home and in the community.

The development will provide about 1400 car spaces including a multi-storey car park for more than a thousand cars, plus on-ground parking and drop-off areas.



Artist impression of Northern Beaches exterior



Architectural drawing of upper levels of the atrium

Digital innovation

Healthscope will deliver a range of high-tech innovations to meet emerging clinical practice including digital operating theatres, medical imaging and electronic online ordering and prescribing of medications and requests for tests. The flexible design of the building shall provide for future digital capacity.

Design innovation

Designed by prestigious Australian architects BVN, the Northern Beaches Hospital will be a proud and definable civic building with a clear, reassuring and approachable presence, strongly connected to the local native landscape.

“A compact building footprint with wide spacing between the wings on the upper levels take advantage of the natural light and extraordinary district, ocean and city views from patient rooms and lounges,” said Neil Logan, Principal, BVN.

Delivering effective clinical care to the Northern Beaches

“The podium floors are designed to maximise the adjacency of critical clinical functions such as Emergency, Imaging, high-tech Operating Theatres and the Intensive Care Unit whilst also utilising courtyards to create

a connection with landscape and preserve the overall natural ambience through out the hospital.

The design is further enhanced by clear and logical wayfinding. Flexible floor plates, clear

of services and circulation either side of the main spine, allowing for future growth and change,” Neil said.



Artist impression of the courtyard views from Northern Beaches Hospital

Effective clinical care will be delivered in an appropriate setting to all patients that present to the Northern Beaches Hospital, in accordance with clinical best practice treatments and/or categories of urgency.

“Healthscope is committed to providing safe, effective, efficient and timely care embracing a model of care delivery that is proactive and patient-centred,” said Deborah Latta, Project Director, Northern Beaches Hospital, Healthscope.

“The Northern Beaches Hospital will operate within a network of service provided by the Northern Sydney Local Health District, including Mona Vale Hospital and community health centres, so continuity of care is ensured.”

Delivery of care and services will be contemporary and evidence-based to achieve the highest quality outcomes for all patients.

“Care will be provided professionally with skill and competence in every encounter offering a safe, secure and supportive healthcare environment,” Deborah said.

“Clinical teams will be led by senior, experienced staff and doctors; and in particular, in those clinical departments where rapid patient assessment is

required such as the emergency department, senior clinicians will be at the forefront of assessment and clinical decision-making.”

The management of patient care will be streamlined according to care pathways, taking a standardised approach where applicable.

“We recognise the importance of bridging the gap between the acute inpatient environment and community based services and the need for a focused and collaborative approach from all service providers,” Deborah said.



Architectural drawing of lower atrium level

GP Clinic

An innovative solution that provides a positive model of primary healthcare and a strong admission avoidance strategy for ED is the GP Clinic.

Operating for extended hours every day, this service offers an adjunct to the standard emergency services. Given its adjacency to the ED, patients can self-select to use this service.

“We are committed to ensuring that patients have the right care in the right place at the right time, and will implement a range of strategies to ensure that the Northern Beaches Hospital is the primary hospital for the catchment, encouraging the community to use their local health services.”

Star Spot

Deborah Latta

How did you begin your career in health?

I began my career in the health industry as a nurse in training at St George Hospital in Sydney.

Tell us a bit about your career history at Healthscope?

Commenced in August 2008 as the General Manager of Prince of Wales Private Hospital and it was one of the best decisions I have made in my career.

What is the most interesting part of your job?

Creating the environment for my staff and doctors to provide the best possible care and service to our patients. Working with them to ensure they have what they need - education, resources, input, decisions to make their work easier and happier to ultimately

reflect on the care and service they provide and that they want to come to work everyday.

Tell us a bit about what the Northern Beaches Hospital Project means to you?

The Northern Beaches Hospital Project brings together everything that I have worked on in my career - all aspects of private health, public health, facility and clinical service development, financial and human resource management. I believe this model can work - and we are going to make it happen - it's very exciting!

When you're not at work what do you like to do?

Travel and spend time with friends and family - good food, good wine and good company.

What's your coffee and where do you get it?

Strong skim latte - depending on where I am.



Deborah Latta

Developing a STAR workforce

The Northern Beaches Hospital will have about 1300 staff and it is anticipated that many of them will migrate from the existing Manly Hospital or Mona Vale Hospitals.

The agreement offers State employees the opportunity to join Healthscope's team of more than 20,000 healthcare professionals, and to make the most of new opportunities in teaching, training, research and education.

"Healthscope has an uncompromising focus on high quality clinical outcomes, systems,

processes, equipment and facilities, with an engaged and committed workforce," said Jenny Williams, Healthscope's General Manager Human Resources.

"At Northern Beaches Hospital, staff will have access to training, education and staff development opportunities in a contemporary new facility designed to support models of care. Existing NSW Health employees who choose to migrate will be able to continue their careers in the local area, in state-of-the-art facilities. It will be a great place to work."

For the Northern Beaches staff, new opportunities for research and education combined with well-designed working environments will help the hospital attract and retain valuable healthcare staff.

"The Northern Beaches Hospital aims to be a centre of excellence for clinical research, and to partner with other Northern

Sydney Local Health District facilities or other research partners for bench to bedside laboratory-based research," said Deborah Latta, Project Director, Northern Beaches Hospital, Healthscope.

"The integration of public and private services will add value to the current and future research programs, particularly in the recruitment of surgical patients for clinical research, perhaps beyond what has occurred in the past," she said.

Senior Medical Practitioner incentives

For Senior Medical Practitioners, Healthscope will offer superior facilities, equipment, nursing staff and quality & safety outcomes, with on-site specialist consulting suites, support

services, availability of theatre and procedural sessions at convenient times and ample on-site parking.

The hospital will have a teaching training, education and research focus with the ability to maintain

and develop TTER on site and via the NSLHD network.

For information, please contact Deborah Latta, Project Director, Northern Beaches Hospital, Healthscope.

Email: enquiries@northernbeacheshospital.com.au



Artist impression of the external view of Northern Beaches Hospital



2014 winners, left to right: Outstanding Graduate: Zoe Sabri, Nurse of the Year: Stephen Brown, and Team Innovation: Prof Jeanine Young representing the Pepi-pod® Program.

Know someone in nursing who deserves an award?

Nominate them for a 2015 HESTA Australia Nursing Award
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- ★ Nurse of the Year
- ★ Team Innovation
- ★ Outstanding Graduate

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