



Healthscope

the Pulse

Private Health Magazine / Winter 2013



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In this issue of *thePulse*

More beds for Gold Coast Private Hospital



The surgeons behind big league players



Enrolled nurse finds her calling at Prince of Wales Private Hospital



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OUR STARS: Staff Excellence Award Winners Announced

Fifteen winners of Healthscope's OUR STAR: Staff Excellence Awards were announced in May.

Hundreds of nominations were made by staff, management and patients celebrating the achievements of individuals and teams across the Healthscope group.

The Staff Excellence Awards align with Healthscope's STAR values of Service Excellence, Teamwork & Integrity, Aspiration and Responsibility.

The Service Excellence category represents Healthscope's goal to provide the highest standard of healthcare. There are three awards in this category.

Exceptional Customer Service recognises staff who go the extra mile, exceeding expectations and living our values in the workplace.

Team winners the Housekeeping Department - Environmental Services from Prince of Wales Private Hospital were recognised for numerous achievements, each highlighting their commitment to customer service.

Achievements included the development of a system to identify and retrieve lost property, and addressing waste management in laundry services while maintaining the highest standard of conduct and service across the hospital.

Individual winner Pubudu Jinadasa, Patient Services Assistant at Melbourne Private Hospital, was recognised for his consistent effort to ensure all patients have their needs met and are treated respectfully.

Pubudu continually goes above and beyond his job to assist and support others, and contributes substantially to improving day to day running of the Level 6 General Surgery Ward.

Quality Improvement recognises outstanding achievements, contributions, initiatives or outcomes demonstrating optimal quality and effective healthcare.

Team winners the Second Floor Surgical Unit & Intensive Care Unit, John Fawkner Private Hospital, recognised the existence of numerous early warning track and trigger systems, and sought to identify the best of these.

Staff undertook a study comparing two renowned track and trigger systems, concluding that both were effective in early detection of patient deterioration without excessive false positive calls.

This is the first study of its kind and an abstract was submitted for the 8th International Rapid Response Conference in London.

Individual winner Patricia Hooton, Quality Manager at Knox Private Hospital, initiated activities beyond the scope of her role as Secretary to the Theatre Cluster Group.

Patricia's efforts greatly improved quality outcomes and assisted Theatre Managers nationally to provide a safe environment for patients.

Patient Choice awards provide an opportunity for Healthscope patients, clients and customers to recognise the extra special care they received from staff.

There were two equally deserving team winners.

Team winners staff in Norwest Private Hospital's Special Care Nursery are described by patients as extraordinary and truly devoted. Patients said they appreciate the professionalism, expertise and knowledge that Special Care Nursery staff provide, particularly during challenging times.

Team winners Mount Waverley Pathology Collection Centre staff take time to listen according to patients. Patients admitted to travelling out of their way to attend the collection centre because of the efficient, professional, friendly staff.

Individual winner Annemarie Kent from Domestic Services at The Melbourne Clinic does more than clean patient rooms according to

nominations. Patients said they remember the difference that Annemarie makes to their day, her cheerful, friendly, compassionate manner, and genuine willingness to make people feel better.

The Teamwork and Integrity category recognise exemplary teamwork or an outstanding team initiative.

The **Teamwork Award** speaks for itself.

Team winners the Cardiac Rehabilitation Day Program team at National Capital Private Hospital were recognised for developing a comprehensive, effective and responsive program.

The multidisciplinary rehabilitation program offers a physically and emotionally supportive environment with proven outcomes for patients recovering from cardiac events.

Individual winner Kathryn Wilson, the Shepparton Laboratory Manager for Healthscope Pathology, received multiple nominations. Kathryn is highly respected for her efficiency, professional, calm and steady manner.

During recent floods, Kathryn reorganised courier routes to ensure samples were collected and tested, and that staff remained safe. Kathryn is described as an excellent role model and leader, and motivates her staff to perform their best.

Aspiration represents the importance of creativity, forward thinking and continuous learning.

This award recognises **Innovation** in response to emerging community or health industry needs.

Team winners Ward 6 North at Prince of Wales Private Hospital delivered an education forum with a fun theme to address the new National Safety and Quality Health Service Standards. The education event, Come Fly With Us, was featured in *The Pulse Autumn 2013*.

Individual winner Ai Tao, Finance Manager, Healthscope Corporate Office, played an integral role in developing the new net budget model in TechOne, increasing efficiency. Ai is highly regarded for her excellent customer service and innovation in creating new tools to assist the accounting and finance team.

Responsibility is about considering the impact our actions have on others and making decisions with equal focus on financial security and service excellence. There are two awards in this category.

Achievement in Resource Management can refer to any initiative or program that demonstrates efficient and cost effective use of resources.

Team winners the Day Therapy / Outpatient Team at Lady Davidson Private Hospital adapted day treatment programs to accommodate changes to private health insurance.

The multi-disciplinary team then shared their knowledge to assist other Healthscope hospitals with rehabilitation services.

Individual winner Jo Drake, Administration Manager for Gribbles Veterinary Pathology in Palmerston North, New Zealand assisted the introduction of a new Laboratory Information Management System.

Jo's involvement in testing, training, standardising reference ranges and intervals for all departments was pivotal to the successful roll out across New Zealand's vet pathology network.

Achievement in Health and Safety recognises initiatives that directly improve health, safety, wellbeing and engagement of staff.

Team winner the SA WHS & IM Executive Review Committee is a forum for improved management of Work Health & Safety and Injury Management across hospitals, pathology and medical centres in South Australia.

The committee ensures WHS & IM initiatives meet requirements of the South Australian self-insurance scheme and Healthscope's business plans, as well as keeping abreast of trends in national and local incidents and legislation changes.

Chaired by State Manager SA Hospitals, Alan Lane, the committee includes representatives from hospitals, pathology, and medical centres, and David Savio, Healthscope's National WHS Manager.

The committee also receives considerable leadership from Sue Coe, General Manager of Griffith Rehabilitation Hospital, and her team.

Individual winner Samantha Carney, WH&S Coordinator at Pine Rivers Private Hospital, developed tools to record pre-existing conditions of new employees, ensuring the implementation of appropriate modifications and training.

Samantha's successful initiative has been shared with other sites in Queensland.

Congratulations to all OUR STARS for their exemplary service and commitment to patients, clients, colleagues and to Healthscope.

Special thanks to the HESTA Super Fund for their generous sponsorship.



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<i>Healthscope STAR Values</i>	<i>Award</i>	<i>Winners</i>
Service Excellence	Exceptional Customer Service	<p>Team Winner Housekeeping Department - Environmental Services Prince of Wales Private Hospital</p> <p>Individual Winner Pubudu Jinadasa Patient Services Assistant Melbourne Private Hospital</p>
	Quality Improvement	<p>Team Winner 2nd Floor Surgical Unit-ICU John Fawkner Private Hospital</p> <p>Individual Winner Patricia Hooton Quality Manager Knox Private Hospital</p>
	Patient Choice	<p>Team Winners Special Care Nursery Norwest Private Hospital</p> <p>Mount Waverley Collectors Mount Waverley Collection Centre Healthscope Pathology Victoria</p> <p>Individual Winner Annemarie Kent Domestic Services The Melbourne Clinic</p>

<i>Healthscope STAR Values</i>	<i>Award</i>	<i>Winners</i>
Teamwork & Integrity	Teamwork	<p>Team Winner Cardiac Rehabilitation Program National Capital Private Hospital</p>
	Teamwork	<p>Individual Winner Kathryn Wilson Shepparton Lab Manager Healthscope Pathology Victoria</p>
Aspiration	Innovation	<p>Team Winner Ward 6 North Prince of Wales Private Hospital</p>
		<p>Individual Winner Ai Tao Finance Manager Healthscope Corporate Office</p>
Responsibility	Achievement in resource management	<p>Team Winner Day Therapy/Out Patient Team Lady Davidson Private Hospital</p> <p>Individual Winner Jo Drake Administration Manager Gribbles Veterinary Palmerston North</p>
	Achievement in Health & Safety	<p>Team Winner SA WHS & IM Executive Review Committee</p> <p>Individual Winner Samantha Carney WH&S Coordinator Pine Rivers Private Hospital</p>

Listening to Our Stakeholders

Healthscope is a growing company with a strong focus on quality clinical healthcare and innovation.

Over 20,000 staff are the backbone of Healthscope, as they work together to deliver exceptional service to our patients and customers every day.

Just last month, fourteen winners of Healthscope's OUR STAR Staff Excellence Awards were selected.

The winners from across our hospitals, pathology and medical centres were nominated by colleagues for exemplary service, teamwork, responsibility and innovation.

We also received an impressive number of nominations from patients who wanted to acknowledge the exceptional care they received.

I would like to thank and congratulate each of the award winners who have reason to be proud of their achievements. Read more in this edition of *The Pulse*.

We value all feedback from our stakeholders, which is why we recently engaged in a nationwide staff and specialist survey.

There was an overwhelming response from staff and doctors across the country and we listened to the ideas and suggestions received.

As a direct result, each Healthscope hospital has developed an action plan to address specific issues raised.

Above all, results of the survey provided important insight into ways Healthscope can improve and enhance our service and we will work together to address these.



Robert Cooke

Continual improvement is always on our agenda and I am pleased to announce that we recently opened additional patient accommodation at The Geelong Clinic and Lady Davidson Private Hospital. Read more in this edition of *The Pulse*.

Our pathology division continues to grow from strength to strength, recently investing in the rollout of Siemens EXL analysers for regional laboratories, urinalysis automation for the

central laboratories, and an iPhone and iPad application allowing doctors to access pathology results on the go.

Healthscope hospitals across the country organised events to celebrate Private Hospitals Week in May.

With the support of the Australian Private Hospitals Association (APHA), our hospitals used the awareness week to highlight the important role of private hospitals in our community.

Whilst there were many outstanding examples, I acknowledge the enthusiasm and dedication demonstrated by Northpark Private Hospital whose video won the APHA Valuing Private Hospitals competition.

Not only did the Northpark Private Hospital team work together to create a brilliant video, staff also chose to donate their competition winnings to charity. Read more in this edition of *The Pulse*.

Stories like these are a true testament to the values that underpin our business.

Robert Cooke
Managing Director and
Executive Chairman

Advertise in *thePulse*

The Pulse is a seasonal Healthscope publication which is distributed free to key Healthscope staff, management and Board members. Additionally, it is read by doctors, health industry decision-makers, politicians in the health portfolio, journalists and public subscribers.

The Pulse also enjoys a captive audience finding its way into the waiting rooms of every Healthscope hospital, medical centre and pathology collection centre in Australia and internationally across more than 350 locations.

To advertise in a publication with unrivaled access to Healthscope decision-makers and staff, call Reuben Trusler on +61 3 9419 9911.



Albury Community House improves opportunities for young people with brain injury

Healthscope Independence Services opened a new community house in Albury on 30th April, celebrating its first service in New South Wales. Residents enjoy the typical features of communal living including a fully equipped kitchen, living and dining rooms, garden and barbeque.

Nicola Place is a purpose-built home offering accommodation and support to people with disabilities resulting from acquired brain injury (ABI) and other complex conditions.

The spacious home has eight individual bedrooms for people needing a high level of care to achieve independence.

Healthscope Independence Services General Manager Debbie Beeton said *Nicola Place* like all of its community house promotes a better quality of life for residents.

"*Nicola Place* offers an age-appropriate living situation and importantly, access to ongoing rehabilitation," said Debbie.

A team of disability support workers is on hand to provide 24 hour care, led by Residential Coordinator, Tammi Ritchie.

Nicola Place has been welcomed by the local community.

The Murrumbidgee Local Health District signed a memorandum of understanding with Healthscope, agreeing to work in collaboration.

Denis Ginnivan, Director of the South West Brain Injury Rehabilitation Service (SWBIRS), said *Nicola Place* will improve access to rehabilitation for its clients with high level care and support needs.



(L-R) Anj Barker, Denis Ginnivan and Debbie Beeton

"Healthscope Independence Services will provide the accommodation and the support, and SWBIRS will provide clinical input for our clients," Denis told ABC Radio National.

"We have a range of experienced and skilled staff who do what we call slow stream rehabilitation, which means supporting people over a much longer period of

time to get to a point where they can move on," said Denis.

"Healthscope has such experience in relation to brain injury rehabilitation and provision of care accommodation models for people with brain injury, it signals of the development of something very exciting for this region," said Denis.

Nicola Place was officially opened by 2011 Young Victorian of the Year, Anj Barker who welcomed the new service.

At the age of 16, Anj was assaulted, causing a severe brain injury. The Benalla resident was airlifted to Melbourne for rehabilitation, causing years of disruption for her family.

Speaking at the *Nicola Place* open day with the help of her laptop, Anj described her own journey, including over two years spent in a nursing home.

"Young people need places like this to allow them to recover and re-connect with community. They shouldn't be placed in nursing homes as the environment is not conducive to recovery," said Anj.

"Had there been a facility like this available to me eleven years ago, no doubt I would not have suffered the pain and frustration that I have had to, and who could say how much further along my road to recovery I would have been.

"This service is great for regional Australia as without it, many people might have to travel to Sydney or Melbourne to receive the services they need to recover.

"This service also means that young people can continue with their recovery but remain close to their families, their friends and their communities as they do.

"Having your friends and family around you, supporting you, is an important part of recovering from injury and this service means that people who come here to recover are being given the best chance they can have to reach their potential.

"In my case, the rehabilitation services and resources simply weren't available to me in my community, and my parents had to relocate to Melbourne to be by my side as I underwent rehab," said Anj.

Anj's Mum Helen Barker spoke of the importance of rehabilitation.

"Anj is doing extremely well, she's got her own place in Melbourne now and she's very excited with her life. She wasn't supposed to get better – it just shows if you get some rehab you can achieve anything," said Helen.

Healthscope Independence Services is a specialist provider of accommodation, attendant care and in-home services for people with acquired brain injuries and other disabilities.

Including *Nicola Place*, Healthscope Independence Services currently manage 19 community houses nationally.

Community houses offer a social, interactive and age-appropriate environment. Residents are encouraged to pursue activities including study, gym programs, volunteer roles and work.



Computer generated image of Gold Coast Private Hospital

More beds for Gold Coast Private Hospital

Due to unprecedented demand, Healthscope has revised plans for the Gold Coast Private Hospital adding a further 52 beds.

Gold Coast Private Hospital will now open with 284 beds and the capacity to expand to more than 400 beds in line with future demand.

The hospital will also offer a 24 hour Emergency Care Centre, cardiac catheterisation laboratory, hybrid operating theatre, intensive care unit, maternity, rehabilitation

and special care nursery.

Allamanda Private Hospital General Manager David Harper is on the planning committee for the Gold Coast Private Hospital and said there has been an overwhelming response from doctors.

“We have been approached by a large number of doctors who have pledged their services to the Gold Coast Private Hospital,” said David.

“Due to this high demand, we have revised plans to increase bed numbers and also incorporate rehabilitation services that were originally planned to remain at Allamanda Private Hospital,” he said.

The enthusiastic response of doctors has been very encouraging said David.

“Since the Gold Coast Private Hospital was announced, we have attracted and retained a high calibre of doctors who can see the many opportunities created by the new hospital,” he said.



“Doctors from all over the state want to be part of this exciting new project from the onset so they can help shape it and see it become one of the best hospitals in Australia,” he said.

Allamanda Private Hospital has been expanding its services in preparation for the move to the Gold Coast Private Hospital.

“Our development plan is well underway and involves the establishment and expansion of many services at Allamanda

Private Hospital including cardiac and paediatrics,” said David.

Gold Coast Private Hospital is expected to open in July 2015 and be fully operational by November.

The new hospital will be co-located with the public Gold Coast University Hospital on Parklands Drive, Southport.

MyHealthscope expands hospital data

Healthscope has expanded the quality performance data reported from its 44 private hospitals on dedicated website, *MyHealthscope*.

MyHealthscope already features hospital accreditation results, infection and falls rates, unplanned hospital readmissions, Emergency Department waiting times and other indicators to help patients make informed decisions about their healthcare.

From 1st July four additional measures will be launched, bringing the number of clinical indicators on *MyHealthscope* to 21. The new features, listed below, include indicators relating to obstetric and mental health care:

- Mental health patient self-assessed rating of improvement during admission (known as the MHQ-14 score)
- Babies born with a healthy Apgar score (which assesses the health of newborns)

- Length of stay in hospital after giving birth
- Pressure injuries acquired in hospital

Healthscope National Manager Quality & Compliance, Cathy Jones explained that the quality performance website reports the results of every hospital.

“Our goals are to inform the public accurately and promote continuous improvement which is why *MyHealthscope* displays results of each individual hospital, whether the performance is above or below industry standard,” said Cathy.

“The story of quality in Healthscope hospitals is a great one and we are committed to telling this story with a level of transparent detail unmatched throughout the Australian public and private hospital systems,” she said.

Cathy added that national aggregated data shows that Healthscope either meets or

exceeds industry standards for all 21 indicators.

“Across the 44 hospitals Healthscope owns and operates, 95 per cent of indicators show performance at or above industry standard,” she said.

Healthscope became the first Australian private healthcare provider to publish detailed quality performance data from its hospitals with the *MyHealthscope* launch in 2011, and also contributes data to the government’s MyHospitals website.

At its Corporate Accreditation survey last November, the Australian Council on Healthcare Standards awarded Healthscope an outstanding achievement (OA).

In 2012, *MyHealthscope* won two Australian Business Awards in the categories of Innovation and Community Contribution. Visit www.myhealthscope.com.au

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hip
Health Industry Plan

Allamanda Private Hospital supports Pink Polar Expedition for breast awareness

Pacific Private Hospital patient and two-time breast cancer survivor, Kate Carlyle is no stranger to challenges.

Kate is undergoing chemotherapy at the Pacific Private Hospital oncology unit for the treatment of breast cancer.

At the same time, Kate has taken on an additional challenge to raise breast awareness and \$1 million for the McGrath Foundation.

This November, Gold Coast vet and part-time adventurer Geoff Wilson will embark on the Pink Polar Expedition - a gruelling 3,400 kilometre trek across Antarctica

in support of his friend Kate.

As he battles the extreme Antarctic conditions, Geoff will haul a giant pink 'boob sled' in a bid to encourage women to be breast aware.

If successful, Geoff will be the first Australian to do a solo, unassisted polar crossing. Geoff also hopes to beat the world record time of 64 days.

All money raised from the Pink Polar Expedition will be donated to the McGrath Foundation for its work in increasing breast awareness in young women and placing specially trained breast care nurses in communities across Australia.

A team of supporters, including Allamanda Private Hospital are helping to make the incredible journey possible.

In the coming months a series of events and initiatives will help the pair achieve their \$1 million fundraising target.

"As he battles the extreme Antarctic conditions, Geoff will haul a giant pink 'boob sled' in a bid to encourage women to be breast aware"



Pacific Private Hospital Oncology Nurse Unit Manager Elke Goransson, Kate Carlyle and Dr Keith Horwood

Among these events is a gala charity ball organised by Allamanda Private Hospital at the Surfers Paradise Marriott Resort & Spa.

The Allamanda Pink Polar Gala will be held on August 17th 2013.

To support the Pink Polar Expedition:

- Attend the Allamanda Pink Polar Gala on August 17th 2013 contact Tess Bell on 0422 472 207 or email Therese.Hultgren@healthscope.com.au
- Become a corporate sponsor of the Pink Polar Expedition or make a donation online at www.pinkpolar.com.au. All funds go directly to the McGrath Foundation.



Geoff Wilson and Kate Carlyle with the boob sled

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Find a medical specialist online

“Find a Specialist is a new online search function providing contact details for doctors consulting at individual Healthscope hospitals”

Patients and General Practitioners can now search for medical specialists currently consulting at Healthscope hospitals with a few clicks of a mouse.

Find a Specialist is a new online search function providing contact details for doctors consulting at individual Healthscope hospitals.

Users can search for doctors in a range of specialties including cardiology, psychiatry, orthopaedics and paediatrics at their hospital of choice.

With a database of over 5,000 medical specialists nationally, searches can be refined by subspecialty categories.

Find a Specialist is available on individual websites for each Healthscope hospital and can also be accessed on the Healthscope hospitals website.

A total of 119 individual websites form the Healthscope online network, which was launched in April 2012.

The Healthscope website was recognised in the Web Marketing Association WebAwards, a competition dedicated to selecting the best websites across 96 different industries.

Healthscope won the 2012 Healthcare Provider Standard of Excellence award.



Find a Specialist is the latest online feature designed to provide a more interactive experience for website users.

To find a specialist online, visit www.healthscopehospitals.com.au or individual Healthscope hospital websites.

Charity goes a long way at Filipino hospital

A group of nurses from National Capital Private Hospital recently returned from a charity trip to the Mandaluyong City Medical Centre in the Philippines.

The government run hospital is located in the city of Manila.

Four nurses and Nurse Unit Manager Melissa Matthews from National Capital Private Hospital's surgical unit spent 13 days in Manila.

The Mandaluyong City Medical Centre's Chief Paediatric Registrar, Dr Vincent Tamon acted as host and guide for the group during their stay.

The nurses brought toys, gifts, clothing, educational material and medical supplies all donated by staff at National Capital Private Hospital.



(L-R) Dr Vincent Tamon, Antonette Pacheco, Melissa Matthews, Jocelyn Harding, Vivienne Brennan and Letty Modiga

Qantas Airlines and staff at Canberra Airport generously assisted the group to transport the donated goods by waiving the excess luggage cost.

General Manager of National Capital Private Hospital Elizabeth Porritt donated a new wheelchair, which was also transported by Qantas for free.

“The wheelchair was given to a 12 year old boy admitted to Mandaluyong City Medical Centre due to hypoxic ischemic encephalopathy,” said Melissa.

The other donations were shared among young patients, their families and hospital staff.

“The gratitude was quite overwhelming for our nurses. The staff in particular loved the koalas that were given as gifts,” said Melissa.

“Visiting this impoverished hospital has had a significant impact on the nurses, who now have an increased appreciation of the healthcare available to Australians,” she said.

National Capital Private Hospital will continue to support Mandaluyong City Medical Centre with fundraising activities.

The big league

Meet the surgeons behind the players

Not many people can list sitting field side at some of Australia's most watched sporting games as part of their day job.

For the team at Brisbane Orthopaedic and Sports Medicine Centre, who have worked with

major sporting groups including the Queensland Reds, Brisbane Broncos, Firebirds, Bulls, Lions, Roar, Queensland Academy of Sport and Queensland Institute of Sport, it's all in a days work.

Established by orthopaedic surgeons Dr Peter Myers and Dr Peter McMeniman in 1989, and based at Brisbane Private Hospital, the centre is Queensland's premier sports medicine and orthopaedic centre, treating a broad range of musculoskeletal conditions of the knee, shoulder, hand and upper limb, hip and lower limb.



Dr Peter Myers

It comprises a team of eight talented orthopaedic surgeons, along with a sports physician, a podiatrist and a hand therapist, who deal with an extensive list of Australian sporting greats – and future stars – on a daily basis.

They also work with other leading surgeons at Brisbane Private Hospital, as needed, to ensure patients receive comprehensive care.

Dr Myers has been the Orthopaedic Surgeon for Queensland Reds and Brisbane Broncos since the centre was established in 1989, and recently handed the reigns of the Broncos treatment to Dr McMeniman's son, Dr Tim McMeniman, who recently joined the practice.

However, while catching every home game is the dream of many, Dr Myers said he had only just recently been able to relax and watch the Broncos play at the 25th year anniversary game, with Dr Tim McMeniman now in charge.

“At the first game in 1988 I was the only one in the crowd wearing a tie, which was out of habit. However, at the 25th anniversary game I did

get to have a drink while watching for the first time in 25 years,” he quipped.

The former A-grade rugby union player has been the medical officer for the Queensland Rugby Union since 1979, when he was forced to make a decision between being a player or studying to become a surgeon.

He hasn't looked back.

The walls of Brisbane Orthopaedic and Sports Medicine Centre are peppered with signed sporting memorabilia – gifts from athletes Dr Myers and his colleagues have helped get back in top form.

“They are good people, especially the athletes at the top,” he said.

“They want to get back there and they are very motivated. They are extremely positive in their approach and attitude to rehabilitation and recovery.

“To see patients go on to achieve in sport, whether it is at the elite level, local competition or a child going back to school sport, is all very rewarding.”

However, the athletes themselves clearly place a strong emphasis on the surgeons helping them recover to their best.

One of the newest pieces of signed memorabilia to arrive at the centre is from Australian F1 racing star, Mark Webber, who recently underwent surgery at Brisbane Private Hospital.

Another that Dr Myers won't soon forget is a signed hockey uniform from the 2004 Athens Olympics.

“Angie Skirving, Nikki Hudson and Jamie Dwyer had all signed it. It really touches you when elite athletes of that calibre send a gift three weeks after the Olympics,” he said.

“That's why working with these people is so satisfying.”

Dr Myers said one of the stand out cases of his career was treating former Wallaby centre, now commentator, Tim Horan, who suffered a crushing knee injury in 1993, which required more than a year of rehabilitation.

“It was really make or break,” he said.

“To see him come back in 1995 for the World Cup and then in 1999 be named the World Cup player of the tournament shows the sheer determination of the athletes we treat.

“It is why they are such motivated patients.

“But it isn't just the top players that we treat and it is just as satisfying for us to see kids get back to the sport they love, older athletes remaining active as well as promising athletes returning to the field,” he said.

All the surgeons at Brisbane Orthopaedic and Sports Medicine Centre have trained for their Fellowships in top international hospitals.

They now run their own Fellowship program to allow new sports surgeons to train in Brisbane and are heavily involved in the education sector, with a number lecturing at top Queensland universities, occupying roles as examiners for the Royal Australasian College of Surgeons, executive positions for Specialist Associations and are also involved with Sports Medicine Australia.

Brisbane Orthopaedic and Sports Medicine Centre at Brisbane Private Hospital

P: 07 3834 6635

E: reception@bosmc.com.au

Northpark Private Hospital wins APHA video competition



Healthscope Hospital Vic State Manager Andrew Currie, Northpark Private Hospital Business Relations Manager Michelle Lemin, APHA CEO Michael Roff, Northpark Private Hospital General Manager Gaylyn Cairns, ME Bank National Partnership Manger Kylie Whicher

Northpark Private Hospital won the Australian Private Hospitals Association (APHA) Valuing Private Hospitals video competition, winning an iPad and cash prize.

APHA ran the Valuing Australia's Private Hospitals campaign during Private Hospitals Week 12–18 May.

The campaign raised awareness of the contribution private

hospitals make in caring for Australians and supporting the national health system.

With the theme So Much More, entries in the video competition had to demonstrate how

“The campaign raised awareness of the contribution private hospitals make in caring for Australians and supporting the national health system”

their hospital, day surgery or clinic goes the extra mile to provide patient care.

The video created by Northpark Private Hospital won both the large hospital category based on Facebook votes, and the overall competition based on the judges' decision.

Northpark Private Hospital received a \$5,000 cash prize and iPad from ME Bank for their video which was set to an upbeat musical theme.

The APHA judges said they were impressed with the hospital's creativity and the way they demonstrated that they do so much more including support for the local community.

“I commend Gaylyn Cairns and her enthusiastic team for putting so much effort into their entry,” said Healthscope Managing Director and Executive Chairman, Robert Cooke.

Robert congratulated Brisbane Private Hospital and the Victorian Rehabilitation Centre who also entered impressive videos in the competition.

Kylie Whicher from ME Bank and APHA CEO Michael Roff presented the prizes to the team at Northpark Private Hospital on 20th May.

“The theme So Much More was a very fitting description of the range of services that we offer,” said General Manager of Northpark Private Hospital, Gaylyn Cairns.

“It was also a great opportunity for the staff to have some fun in the workplace,” Gaylyn said.

“Fortunately for the hospital none of the staff have decided to give up their day job in anticipation of a call from Hollywood!”

Gaylyn said \$1,000 of the prize money would be donated to Northside Community Care in Bundoora which provides emergency relief to people in need.

The iPad will be raffled with all proceeds and the remaining \$4,000 cash to be donated to breast cancer support and education charity the McGrath Foundation.

Cotham Private Hospital specialist recognised for volunteer work

In January Cotham Private Hospital ophthalmologist Dr Mark Ellis was appointed a Member (AM) in the General Division of the Order of Australia for significant services to medicine, and to eye health in Indonesia and Timor-Leste.



Dr Mark Ellis

Dr Ellis runs a private ophthalmology practice, the Hawthorn Eye Clinic, in Kew and has been operating at nearby Cotham Private Hospital since 1997.

He is also a valued member of the hospital's Medical Advisory Committee.

A decade ago, Dr Ellis began working voluntarily with the East Timor Eye Program (ETEP) and the External Affairs Division of the Royal Australasian College of Surgeons (RACS).

Dr Ellis said his work with ETEP and the trust of its founder Dr Nitin Verma AM gave him the courage and skills to work as Team Leader in East Timor and to set up another eye program.

"In 2007, RACS sent me to the Island of Sumba in East Indonesia to explore the idea of eye service delivery," said Dr Ellis.

"A chance meeting with Health Director of the Sumba Foundation, Dr Claus Bogh on that trip opened up a chance to set up the Sumba Eye Program," he said.

The Sumba Foundation works toward lessening the consequences of poverty by fostering projects in health, education, water and income-generation.

After the fateful meeting Dr Ellis established the Sumba Eye Program with two optometrists, Peter Stewart and Peter Lewis.

Since 2008, the Sumba Eye Program has screened and treated 3,453 people for eye disease, performed 416 operations and prescribed 2,062 spectacles.

The program is funded by Rotary and private donations. All work is voluntary.

"Since 2008, the Sumba Eye Program has screened and treated 3,453 people for eye disease, performed 416 operations and prescribed 2,062 spectacles"

Dr Ellis also credits the support of his wife Janet and adult children Madeleine and Tom for making his work with the Sumba Eye Program and the East Timor Eye Program possible.

"Since I go [overseas] twice a year, I could never have had the time to do all this without Janet in the background helping run my practice," said Dr Ellis.

"She has been with me on five of my trips and can now perform scanning and supervise the local nurses with the eye medication schedules," he said.

Daughter Madeleine, who is studying her Masters of Physiotherapy, joined her father on a trip to East Timor in 2012. Son Tom, a web-based marketer, is planning to join the next trip scheduled for September this year.

After choosing a career in medicine, Dr Ellis was inspired by his own eye health to pursue the medical specialty of ophthalmology.

"I am very short-sighted, and was always interested in my condition. As an intern at Preston and Northcote Community Hospital, I really enjoyed fixing eye problems in casualty," said Dr Ellis.

"Even though I was going to be a GP, I thought it was worth a try to get into the eye course at the Royal Victorian Eye and Ear Hospital," he said.

Dr Ellis has never looked back and describes his ophthalmology work as very rewarding, both here and in Sumba.

"Restoring sight, whether here with my patients or overseas, or the reward of that smile when the eye patch comes off," said Dr Ellis.

Cotham Private Hospital Deputy General Manager Cheryl West said Dr Ellis is highly respected by hospital staff and patients.

"We're absolutely thrilled that Dr Ellis received this prestigious recognition for his work here and overseas," said Cheryl.

"Dr Ellis is a quiet achiever who has a lovely manner with staff and patients. We're privileged to have him here at Cotham Private Hospital," she said.

For more information about the Sumba Eye Program visit Overseas Programs on www.hawthorneyeclinic.com.au.

Woodbridge Medical Centre offers home visits for new mums

Healthscope's Woodbridge Medical Centre in Western Australia is offering a unique service to new mums in the comfort of their own home.

Working in partnership with General Practitioners and obstetricians, midwives Michelle Price, Sally Grayson and Debbie Huntington offer antenatal and postnatal care to patients at Woodbridge Medical Centre.

As an extension of this service, the midwives are now also offering home visits.



Michelle Price and Sally Grayson

Michelle Price said the new service complements home visits offered to mums by local hospitals for the first week after birth.

Woodbridge Medical Centre patients can now take advantage of a weekly home visit from the midwives for up to six weeks after their baby is born.

Michelle said the home visits are designed to assist and ease the pressure during a sometimes stressful period of adjustment for parents.

Describing the first six weeks after birth as hectic, Michelle said many parents struggle to cope with lack of sleep, breastfeeding issues and adjusting to having a newborn baby in the house.

The midwives offer tools and advice to help parents adjust and cope.

Visiting mums and babies in their own home makes life easier for the parents who may find it difficult to leave the house with a new baby.

"This is a fantastic service that we are now able to offer to our new mums and their families. Our patients have responded well to the new service," said Woodbridge Medical Centre Practice Manager, Melanie Palmer.

The new service is covered by Medicare and will be bulk-billed.

Newcastle Private Hospital Midwife awarded for going above and beyond

Newcastle Private Hospital recognised midwife Helen Thornton with its first Nursing Service Above and Beyond Award.

Helen, a midwife of 42 years' experience, joined Newcastle Private Hospital when the Birthing Suite opened in 2004.

The award recognises Helen's professional commitment and excellence as a midwife, and dedication to bereavement support for families who experience loss during pregnancy or birth.

"Helen's professionalism and compassion at times of immense loss has been recognised by many families," said Newcastle Private Hospital Director of Nursing, Barbara Durrant.

"She makes it her priority to provide comfort to families faced with such a personal tragedy," said Barbara.

Helen works with SIDS & Kids and organises memory boxes and mementos for grieving families with donations from the local community.

Helen received her award at a staff barbeque for International Nurses Day, held annually on Florence Nightingale's birthday.

On receiving the award Helen said she was overwhelmed and surprised.

"I am lucky to work with a wonderful team of caring and professional midwives at Newcastle Private, and the families who entrust us with their care at such a special time in their lives," said Helen.

"I share this award and recognition with them," she said.

Barbara said the Nursing Service Above and Beyond Award will be presented



Director of Nursing Barbara Durrant, Helen Thornton and General Manager Michael Mitchell

annually for International Nurses Day, acknowledging staff who act as a role model and mentor for other nurses.

"Newcastle Private Hospital's executive team will elect a winner based on nursing excellence, commitment to staff training, and community engagement," said Barbara.

Hospital Care award for Darwin nurse

Nurse Tom Harbinson from Darwin Private Hospital has been recognised in the 2013 Nursing & Midwifery Excellence Awards.

Tom, who works in peri-operative services at Darwin Private Hospital, won the Hospital Care award.

Award presenters said Tom was nominated by a patient who underwent treatment for breast cancer.

“Breast cancer is an awful thing, but on the journey you come in contact with people who



Tom Harbinson

make a difference in your life, and Tom is one such person,” said the patient nomination.

“Tom is more than just a nurse; he is a compassionate, caring person and a great patient advocate.

“Tom is a nurse who shows extraordinary compassion and inspires trust. He has the ability to put people at ease in situations which, by their nature, are stressful and tense.

“The operating theatre is not a place that you would normally feel at ease in, but Tom has the ability to make everyone feel relaxed. He takes the time to speak with people who are struggling to cope,” she said.

General Manager of Darwin Private Hospital, Anthony Davis said Tom’s Hospital Care award is well deserved.

“We are very proud of Tom, he is a popular member of the staff and it was not a surprise to see him nominated for the award,” said Anthony.

“Generally the NT Nursing & Midwifery Excellence Awards are dominated by rural and community based nurses so this is significant recognition for Darwin Private Hospital nursing staff,” he said.

The awards are a Northern Territory Government initiative supported by the Hon. Robyn Lambley, Minister for Health.

“It is a credit to the individuals who make up this profession that they are held in such high regard right across the community,” said Minister Lambley.

“The annual Nursing and Midwifery Excellence Awards recognise the outstanding contribution all nurses and midwives play in the delivery of health care across the Northern Territory.

“I congratulate this year’s winners for their overall commitment to the Territory’s health and wellbeing as well as for excelling this year against a quality field of award nominees,” said Minister Lambley.

Adelaide conference highlights new National Standards

A conference organised by Ashford Hospital has given clinical staff in South Australia a fresh approach to quality and safety practices.

The National Standards Clinical Practice Workshop took place at Ashford Hospital on 24th April.

The conference focused on the implementation of the new National Safety and Quality Health Service Standards in the workplace.

The National Safety and Quality Health Service Standards were developed by the Australian Commission on Safety and Quality in Healthcare and came into effect on 1st January 2013.

Clinical staff from Griffith Rehabilitation Hospital, Parkwynd Private Hospital, Flinders Private Hospital and The Memorial Hospital joined colleagues at Ashford Hospital for the one-day conference.

Hospital Quality Managers, Directors of Nursing and Clinical Managers shared their expertise and recommendations for consolidating the National Standards into practice.

Presentations covered change management, governance, partnering with consumers, clinical national standards and documentation. Attendees received a copy of presentations to share with colleagues at their own workplace.

A series of interactive workshops used mock patient scenarios to highlight a particular clinical standard. Participants were also asked to identify the role of other national standards in each scenario.

“The National Standards Clinical Practice Workshop enabled attendees to meet new people from other [South Australian] hospitals,” said Carol Moore, Ashford Hospital Quality Manager.

“Clinical staff attending the conference will act as champions for their respective units and will assist unit managers in providing direction and guidance for consolidating the standards into everyday practice,” said Carol.

The workshop complemented the Safety & Quality Conference earlier in April where Healthscope Chief Medical Officer Dr Michael Coglin, National Manager Quality & Compliance Cathy Jones and the Quality team delivered detailed presentations on the National Standards.

Ashford Hospital is South Australia’s largest private hospital located five kilometres from Adelaide. With Flinders Private Hospital and The Memorial Hospital, Ashford Hospital is part of the Adelaide Community Healthcare Alliance (ACHA). The three ACHA hospitals are managed by Healthscope.

The Melbourne Clinic supports Mental Health Foundation Australia

Staff from The Melbourne Clinic volunteered at the Mental Health Foundation Australia Family Fun Day at Dame Elisabeth Murdoch's Cruden Farm on 28th April.

The event raised funds for the work of the Mental Health Foundation Australia (MHFA), as well as the programs and events it supports including national Mental Health Week.

Other MHFA programs include Resilience Australia supporting children and elderly in flood and fire affected areas, and Lifegate Frankston working with underprivileged youth.

General Manager of The Melbourne Clinic Andrew McKenzie and Director of Nursing Fiona Langley joined nurses, Occupational Therapists, Social Workers and admin staff who volunteered.

Occupational Therapist Margaret Hine coordinated the team of twenty volunteers.

"It was wonderful to see the cooperation of everyone who assisted," said Margaret.

"From all accounts volunteers thoroughly enjoyed themselves in the helping role and enjoyed the attractions on the day," she said.

Entertainment included a display of classic cars and live music. The animal petting zoo proved especially popular with volunteers.

"Despite all our planning and enthusiasm some unexpected situations occurred including power failures and the constant threat of rain," said Margaret.

"We still managed to achieve what we set out to do," she said.

Volunteers took turns in learning the fine art of brewing coffee to keep up with huge demand.

"Thanks to all our volunteers and special thanks to David Allen and the food services department for their involvement and support in providing Devonshire teas for guests," said Margaret.

Healthscope staff enjoy benefits of national organisation

Many Healthscope employees feel a strong connection with the hospital, medical centre, pathology lab or collection centre they work from.

As Australia's largest integrated healthcare organisation with operations in every state and territory, Healthscope offers numerous employment locations and opportunities.

Employees regularly embrace the opportunity to move between operations, with frequent transfers between the sites and divisions.

Moves between Australian states and territories have been made an average eight times per month over the last year by employees, for a variety of reasons.

Some Healthscope employees take a promotion or the opportunity to broaden their career, while others transfer for family reasons or to experience another part of Australia.

For Tatum Nixon, an important relationship prompted her to move interstate.

Tatum was the Front Office Manager at The Sydney Clinic while managing a long distance relationship with partner Steve in Brisbane.

When Steve popped the question, Tatum knew it was time to move.

"My partner Steve and I were in a long distance relationship when we got engaged earlier this year," said Tatum.

"I had been thinking about moving but didn't want to leave my job as Front Office Manager at The Sydney Clinic. I enjoyed working for Healthscope in Sydney and didn't want to rush my decision to find a new job and move to Queensland," she said.

Healthscope's weekly internal bulletin *A Career with More Scope* showcases the positions available from Hobart to Darwin, Perth to the east coast and many centres in-between.

For many like Tatum, the weekly bulletin is a way to keep in

touch with other employment opportunities. All Australian vacancies are open to suitably qualified Healthscope employees.

"I kept an eye on the *Career with More Scope* and within a month of becoming engaged the role of Front Office Manager role at Sunnybank Private became available. I applied for the role through the Healthscope website," said Tatum.

"Both The Sydney Clinic and Sunnybank Private Hospital were extremely helpful throughout. I was able to have telephone interviews to accommodate distance, and everyone involved in my transfer made it very smooth and easy for me," she said.

Tatum said Sunnybank Private Hospital staff and Front Office Processes Manager Jenny Toohey provided appropriate training and assisted her transition to a larger hospital environment.

"Finding a suitable interstate role would have been almost impossible for me had I not had the opportunity to transfer within Healthscope," she said.

"Moving has been a great experience for me both personally and professionally," she said.

Enrolled Nurse Michelle finds her calling at Prince of Wales Private Hospital

For the first time this year, Prince of Wales Private Hospital invited an Enrolled Nurse to join the tight knit clinical team in its Recovery Unit, with good results.

Michelle Emmerson was a new graduate when she applied for a job in the Prince of Wales Private Hospital paediatrics unit, only to learn the role was temporary.



Enrolled Nurse Michelle Emmerson at Prince of Wales Private Hospital

Her enthusiasm caught the attention of Paediatrics Nurse Unit Manager (NUM) Heather Carratt, who forwarded Michelle's curriculum vitae to hospital colleagues.

Operating Theatre NUM Angela Grein saw an opportunity in Prince of Wales Private Hospital's Recovery Unit.

"It was decided that Recovery could accommodate an Enrolled Nurse as the workforce is very experienced so we have the resources to support and mentor," said Maree Murray, Recovery NUM.

Seizing the opportunity, Michelle relocated to Sydney from the Gold Coast. The move proved worthwhile.

"Michelle has shown outstanding ability to adjust quickly to a clinically challenging environment," said Maree.

"She is eager to learn all aspects of Recovery and has earned the genuine respect and admiration of her colleagues," she said.

Michelle's duties are similar to that of a Registered Nurse except that she is unable to administer opioid pain relief.

"While this might be a significant issue for post-operative pain management, it is a credit to Michelle that she is proactive in organising equipment and staff to assist her so this has not been a problem at all," said Maree.

"I have been blown away by the utmost professionalism and highest standard of nursing care, teamed with a sense of friendship, fun, team work and outstanding support"

For Michelle the experience has already surpassed all expectations.

"I have been blown away by the utmost professionalism and highest standard of nursing care, teamed with a sense of friendship, fun, team work and outstanding support," said Michelle.

"I can't thank everyone enough for their kindness and patience throughout my transition from student to healthcare professional. I look forward to continual growth and giving it my all," she said.

"Extensive answers to questions, hands on, side by side assistance and guidance with all procedures and clinical processes, ongoing encouragement, praise and positive feedback have me excited and honoured every day," she said.

With the support and guidance of her colleagues, Michelle has gained a deeper appreciation for the value of hands on experience.

"One of the biggest challenges I have faced thus far is learning to communicate with highly trained professionals who have decades of experience," said Michelle.

"It is a humbling experience which only further ignites my thirst for knowledge and drives me harder to achieve my healthcare goals to use intelligence and medical knowledge towards caring for and helping others," she said.

Exciting developments at Lady Davidson Private Hospital

Lady Davidson Private Hospital is celebrating the addition of new patient rooms and a unique treatment program for Parkinson's disease.

Originally established in the 1920s as a war veterans' hospital, Lady Davidson Private Hospital is one of Australia's largest private rehabilitation facilities.

Following a redevelopment, the hospital's Lambert Ward reopened with 24 private patient rooms, each offering free Wi-Fi and Foxtel.

The redevelopment was carefully designed to ensure the hospital's original cathedral ceilings and other architectural features were retained.

"We have a beautiful location surrounded by gardens with panoramic views our patients and visitors love," said Cheryl Jaeschke, General Manager of Lady Davidson Private Hospital.

"We understand that our patients and their families prefer private rooms as part of their rehabilitation experience so they feel at home," said Cheryl.

Lady Davidson Private Hospital has 115 beds with a range of orthopaedic, neurological, reconditioning and oncology rehabilitation programs for patients with a functional disabilities and those recovering from illness or surgery.

The hospital has five well-equipped gyms, a large hydrotherapy pool and an independent living assessment unit where patients can develop the skills needed to manage at home.

Inpatient care is complemented by a range of outpatient programs for patients who no longer need the support of medical or nursing care.

"We have always been at the forefront in providing rehabilitation care in Australia;

continually reviewing programs and integrating new programs to optimise outcomes for our patients," said Lady Davidson Private Hospital Medical Director, Dr Michael Cohen.

This includes the evidenced-based LSVT BIG & LOUD programs now available for people with Parkinson's disease.

The unique therapy uses exaggerated movements and cognitive exercises to retrain the brain. Sixteen treatment sessions are conducted over four consecutive weeks.

Lady Davidson Private Hospital has nine accredited LSVT therapists on staff, the largest concentration in any facility in Australia.

For information and referrals to the LSVT BIG & LOUD programs, contact Trish Schlotfeldt or Terry Tobiansky on 02 9488 0169.

The Geelong Clinic redevelopment brings new wing and treatment programs

The Geelong Clinic opened a new wing on 30th April following a major redevelopment, increasing patient beds to 45.

The two-stage redevelopment included the addition of a 13-bed wing, and the conversion of three multi-bed rooms into private rooms.

The new wing will accommodate the clinic's 40-day Eating Disorders Program, led by psychiatrist Dr Peter O'Keefe, psychologist Siew Soon and a multidisciplinary team.

The redevelopment also saw the addition of a new group room, lounge and dining area, courtyard, offices and nurses' station.

With the additional group room now complete, The Geelong Clinic has capacity to increase the treatment programs on offer.

The Geelong Clinic is piloting potential new programs according to General Manager Christie Arbuckle.



The Geelong Clinic eating disorders treatment team (L-R): Dr Julian Charles, Dr Rosie Cummins, Dr Peter O'Keefe, Karen Barber, Rachael Walker, Brigid Knight, Michelle Corray, Siew Soon. (Not pictured: Kristen Czerkiewicz & Gerard Dumaresq)

"We piloted a two week inpatient anxiety and depression program and plan to pilot an addictive behaviours program in the coming months," said Christie.

Since opening in 1998, The Geelong Clinic has been providing high quality treatment programs for a range of psychiatric disorders.

This includes inpatient and day treatment programs for depression, schizophrenia, mood disorders,

panic and anxiety disorders, addiction and eating disorders.

The Geelong Clinic is known for its dedicated eating disorders treatment, post-traumatic stress disorder program for war veterans, and innovative treatments for depression including Transcranial Magnetic Stimulation.

For information about The Geelong Clinic, contact the Intake Coordinator on 03 95240 0741.

Star Spot

Kirrily Alexander, Acting House Supervisor, Healthscope Independence Services

Knox, Ringwood and Canterbury Community Houses



Kirrily Alexander

What is your current role?

My current role is Acting House Supervisor at Knox Community House, Ringwood Community House and Canterbury Community House, supervising ten clients with acquired brain injury (ABI).

How long have you worked in the job?

I have worked as a House Supervisor since 15th April 2013 however I worked as a disability support worker in those houses for approximately eight years. I have been with Healthscope for 15 years in various roles.

What do you like most about your role?

I love working with young adults with ABI, assisting them to live a very full life in the community. Each client has different needs and goals, and we tailor their activities according to their likes and dislikes. It is very rewarding to see clients living in supported accommodation and developing in specific areas of their daily living skills.

What kind of services does your workplace provide?

Healthscope Independence Services is a specialist provider of accommodation, attendant care and in-home services for people with acquired brain injuries and other disabilities. Community houses offer a social and interactive environment.

Community houses provide long term and respite accommodation for people

with ABI in an age-appropriate environment. Clients living at the homes access the community, work and recreation activities with assistance from staff on duty.

How many people work there and what do they do?

We have day staff to assist the clients with breakfast, washing, daily activities, preparing lunch, shopping, budgeting and medications. We then have evening staff that assist

clients with meal preparation, afternoon activities and medical appointments. Each house is staffed 24 hours a day, including a sleep over. We have approximately 15 staff doing regular shifts at the houses.

What's the one question you get asked the most at work?

The questions vary during your shift, although quite often the clients would ask what activities they have on throughout the day.

What's your coffee and where do you get it?

I prefer skinny half strength cappuccino from Gloria Jeans.

What are your facility's opening hours?

We are staffed 24 hours, 7 days a week. The only time we may close is if all the clients go home for specific holidays like Christmas.



Kirrily Alexander at Sunbeam House with residents Aaron and Mel

Healthscope Snapshots...

General Manager of National Capital Private Hospital, Elizabeth Porritt took part in the Nurses and Midwives Wreathlaying Ceremony at the Australian War Memorial in May.

Attendees from the Australian Defence Forces, public and private health services attended the ceremony to remember

nurses and midwives who have given their lives for their country.

The remembrance ceremony is part of International Nurses and Midwives Week and was attended by Governor-General of Australia, Quentin Bryce and former politician Dr Brendan Nelson.

Elizabeth was honoured to lay a wreath during the service.



Elizabeth Porritt (dressed in grey) lays a wreath at the Australian War Memorial. Photo by Steve Burton (image reference number PAIU2013/063.11)

Healthscope Pathology courier John Wade was inducted into the NSW Hunter Region Sporting Hall of Fame in May.

John was a highly respected jockey until a race fall prematurely ended his riding career at Ipswich Race track in 1984.

The winner of 1144 races, John claimed five Newcastle apprentice premierships and six senior titles on his home track.

Although linked to many outstanding horses during his racing career, John is remembered for his association with Newcastle horse racing great, Luskin Star.

John is now based at the Eight Mile Lab in Queensland and regularly collects samples from Brisbane Private Hospital.



Retired jockey John Wade shows off his trophy from the Hunter Region Sporting Hall of Fame

Queensland Reds players David McDuling and Kevin Davis cooked up a storm at Brisbane Private Hospital in a fundraising effort to coincide with Private Hospitals Week.

The injured pair cooked a community barbeque for more than 100 staff, doctors and visitors, helping to raise \$520 for Angel Flight.

Brisbane Private Hospital is home to the Brisbane Hand & Upper Limb Clinic and Brisbane Orthopaedic and Sports Medicine Centre founded by Queensland Reds' official team doctor, Dr Peter Myers.

The hospital has treated injured players including David McDuling who underwent a major knee reconstruction with Dr Myers in 2012.



L-R Kevin Davis, David McDuling, Healthscope Hospitals QLD State Manager Richard Lizzio

Campbelltown Private Hospital has recently expanded its volunteer program.

Fifteen 'Pink Ladies and Gentlemen' provide a range of services including a daily newspaper trolley and a flower trolley.

Volunteers also run the hospital concierge, assist with filing in Medical Records and provide customer service in Day Surgery.

"We have a mixture of volunteers, from people with young children who are not able to go back to full time work to retirees who really like to give back to their local community," said Kerryn Tutt, Allied Health Manager.



Campbelltown Private Hospital volunteer Maha Halabi

Darwin Private Hospital evicted an unexpected visitor in April.

A non-venomous golden tree snake made a surprise appearance on top of an ATM in the hospital foyer.

General Manager of Royal Darwin Hospital, Christine Dennis had popped in to buy a coffee when she spotted a snake.

Staff called Parks and Wildlife rangers, who removed the reptile.

"The snake man said he was having a busy day," said General Manager of Darwin Private Hospital, Anthony Davis.



Darwin Private Hospital snake

Monash IVF calls for sperm donors

Most people assume that pregnancy will happen naturally when they are ready to start a family.

But for many individuals and couples, using donor sperm is their only chance of having a family.

Around 1 in 25 men are unable to father a child because of medical or genetic reasons. The realisation that help is needed to have a baby can be devastating.

Single women, or those in same sex relationships, may also rely on donor sperm to achieve a pregnancy.

“In my practice I see countless patients who without the selflessness and generosity of sperm donors these patients could never experience the joy of parenthood,” said Professor

Robert McLachlan, Monash IVF Male Fertility Specialist.

The Monash IVF donor program is managed by a dedicated team of doctors, nurses, scientists and counsellors.

Joining the sperm donor program at Monash IVF is an important and life changing decision, and may help an individual or couple realise their dream.

Healthscope Pathology works closely with Monash IVF, providing dedicated and private semen collection facilities attached to specialised reproductive pathology labs.

Donations can be made by appointment only, and all samples are analysed according to the World Health Organisation (WHO) Guidelines.

Monash IVF issue anonymous donor codes once the semen has been cleared for the donor program following an initial analysis by the Healthscope Pathology IVF laboratory.

“All subsequent donations that pass through our laboratory

use the anonymous donor code to protect identity and confidentiality,” said Healthscope Pathology IVF Laboratory Manager, Dr Melanie Trivett.

“Scientists working in the IVF Laboratory are all specially trained to deal with the sensitivities relating to the IVF and sperm donor program,” said Dr Trivett.

Donor sperm treatment can only be performed under circumstances where the child can know their genetic parents. Donors must therefore consent to the release of identifying information to the child.

There is no legal obligation however for donors to provide financial or emotional support to the child.

Men who are willing to provide consent must also meet the following criteria to be eligible for sperm donation.

- Aged between 21- 45 years and preferably under 40 years of age
- Compliant with all relevant legislation and regulations relating to donation of gametes
- Prepared to provide information on previous donations and

agree to limit births to no more than 10 women

- Prepared to undertake screening tests for certain infectious and genetic diseases
- Prepared to have all frozen semen quarantined for six months and willing to undertake repeat screening tests prior to release of the semen for use within the clinic
- Prepared to undergo counselling (with partner if relevant)
- Able to provide a genetic family medical history
- Prepared to release non-identifying medical information to donor recipients to enable informed consent
- Accept that any child conceived from their donation has a right to request identifying information once they turn 16 years.

For more information about sperm donation visit www.monashivf.com or call 1800 628 533



This life-changing donation, won't cost you a cent.

Around 1 in 25 Aussie blokes have trouble having kids.
They're your mates, brothers, colleagues at work, but without your help they won't be dads.

Please consider becoming a sperm donor.
Visit www.monashivf.com

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